



My name is:
I work in:

My pledge is:

Do your part for #cathetercare. Pick a pledge, snap a selfie with the card overleaf and tweet us @HINSouthLondon using #cathetercare.

- All patients in my care will have a planned date for a trial without catheter. From Monday, I will instruct my team to insert a planned date for TWOC onto the patient's electronic record.
- I will prompt a review of all catheterised patients in our wards at handover and MDT meetings.
- I will ask at least one patient per day how he/she feels about the catheter. I will put a daily reminder in my phone, starting today!
- All catheterisation procedures will be fully documented on our IT and paper systems. By the end of the month, I will make sure that every catheter on my wards has been recorded.
- All patients in my care will have a written and up-to-date catheter care plan. I will develop a template that I can use for this by the end of the month.
- I will offer a catheter valve as an alternative to urinary bags to all suitable patients.
- I will invite senior leaders to visit my ward and speak to patients that have catheters. I will schedule this in my calendar to take place on a regular basis.
- I will ensure that all catheterised patients discharged this week have a fully documented catheter history.
- I will ensure that all patients with CAUTI have a post-infection review.
- I will ensure all student nurses in my care understand the risks of prolonged catheterisation. I will schedule a meeting with them for next week to discuss this!
- (For nurses or junior doctors) I pledge to query the reason for catheterisation if I am ever unsure.
- I pledge to not catheterise someone unless I am sure of the clinical rationale.