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| **Time allocation: 4 hours** |
| **Topic** | **Activity** | **Learning objectives** | **Time allocation** | **Slides** |
| Welcome and introduction |  | * To introduce the project and the HIN
 | 5 mins |  |
| What is Social Prescribing? | Support with slides | * To understand what is meant by the term social prescribing
 | 10 mins  | 3, 4 |
| The Social Prescribing Champions model | Provide hand-out with model outlined. Talk through model with slides as support | * Describe the role of the social prescribing champion
* To describe the model
 | 10 mins | 5 – 10  |
| HealthUnlocked digital platform | Practical demonstration for HU tool to whole group.In pairs work through 3 x case studies using role play – 1 champion; 1 client (approx. 20 mins each case study). Use the HU tool to support role play | * To understand the functional capabilities of HU
* To competent in using the HU digital platform to generate electronic social prescriptions
 | 1 hour |  |
| Supporting behaviour change: Communication Techniques and Motivational Interviewing | Role play – working in 3’s (1 practitioner, 1 client, 1 observer). Choose a behaviour you would like to change. using OARS and DARNC principles try to support the client to make a case to change a behaviour. Feedback session: what did you observe? Was there anything surprising to using the approach? | * Explain the main principles and skills used in motivational interviewing
* Deliver a 1-1 consultation using this communication style
 | 1.5 hours | 14 – 28  |
| Red flags |  | * To be able to describe what red flags are
* To identify red flags and when to refer back to GP
 | 30 mins  | 30 |
| Confidentiality and information governance |  | * To understand the importance of confidentiality when acting as a champion
 | 10 mins |  |
| Active signposting | Table top activity. Flip chart and pens. Working in groups of 4 or 5 map out local services and group them. What do you know about these services? Feedback to whole group table by table. | * Group discuss what is in the local area and who/what resources are available.
 | 30 mins  |  |
| Feedback  | Survey  |  | 5 mins  |  |