|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Time allocation: 4 hours** | | | | |
| **Topic** | **Activity** | **Learning objectives** | **Time allocation** | **Slides** |
| Welcome and introduction |  | * To introduce the project and the HIN | 5 mins |  |
| What is Social Prescribing? | Support with slides | * To understand what is meant by the term social prescribing | 10 mins | 3, 4 |
| The Social Prescribing Champions model | Provide hand-out with model outlined. Talk through model with slides as support | * Describe the role of the social prescribing champion * To describe the model | 10 mins | 5 – 10 |
| HealthUnlocked digital platform | Practical demonstration for HU tool to whole group.  In pairs work through 3 x case studies using role play – 1 champion; 1 client (approx. 20 mins each case study). Use the HU tool to support role play | * To understand the functional capabilities of HU * To competent in using the HU digital platform to generate electronic social prescriptions | 1 hour |  |
| Supporting behaviour change: Communication Techniques and Motivational Interviewing | Role play – working in 3’s (1 practitioner, 1 client, 1 observer). Choose a behaviour you would like to change. using OARS and DARNC principles try to support the client to make a case to change a behaviour.  Feedback session: what did you observe? Was there anything surprising to using the approach? | * Explain the main principles and skills used in motivational interviewing * Deliver a 1-1 consultation using this communication style | 1.5 hours | 14 – 28 |
| Red flags |  | * To be able to describe what red flags are * To identify red flags and when to refer back to GP | 30 mins | 30 |
| Confidentiality and information governance |  | * To understand the importance of confidentiality when acting as a champion | 10 mins |  |
| Active signposting | Table top activity. Flip chart and pens. Working in groups of 4 or 5 map out local services and group them. What do you know about these services? Feedback to whole group table by table. | * Group discuss what is in the local area and who/what resources are available. | 30 mins |  |
| Feedback | Survey |  | 5 mins |  |