

Dementia is Everyone's Business!

Help Us Make Lewisham a Dementia Friendly Community

Free Dementia Awareness Event

Monday 18th May, 10AM – 4:00PM (Lunch will be provided)
at the Civic Suite, Lewisham Town Hall, Catford Road, SE6 4RU

Everyone knows someone with dementia

In Lewisham there are about 2,120 people living with dementia and this is likely to increase in the years to come. Over two thirds of these are living in the community and are frequent customers in our local businesses and services. People living with dementia often lose confidence in themselves and worry about how they will cope with everyday life. Families and Carers can equally feel overwhelmed, lonely and worried about their loved ones.

This is where you and we come in! People with dementia can be supported by doing some very simple things.

Why not find out more and join us in making **Lewisham a Dementia Friendly Community**? There will be a variety of workshops and training sessions that will help you and us make our community more dementia friendly and learn about the support that is already available to people with dementia and their carers.