

NETWORK 12

A quarterly update from the
Health Innovation Network

Summer 2016

If in doubt, take it out!

Celebrating the success of
Catheter Care Awareness
Week

One year on

We find out what our Darzi
Fellows have achieved over the
past 12 months

AHSN Network Impact Report

Improving health and
promoting economic growth

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Health
Innovation
Network
South London

Inside this issue...

4 The Innovation & Diffusion Awards 2016

Participate in Digital Content Prescribing pilot

5 AHSNs at the NHS Confederation 2016

AHSN Network Impact Report: Improving health and promoting economic growth

6 If in doubt, take it out! Catheter Care Awareness Week

8 New website for South London NHS Genomic Medicine Centre

Congratulations to NHS Internship Scheme HSJ award finalists

DigitalHealth.London Accelerator latest news

9 'Sharing the Best' Conference

First Digital IBA Symposium

10 The Health Innovation Network Darzi Fellows: One year on

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Welcome

Tara Donnelly, Managing Director



Dear Member,

The Health Innovation Network has been raising awareness of some key health issues in the past few months, which you can read more about in this quarter's issue. Did you know that the most common hospital acquired infection by far is a urinary tract infection? UTIs are distressing and add approximately four days to the length of a hospital stay, yet many are preventable and relate to catheter practice.

We ran our first Catheter Care Awareness Week in June, featuring innovative events and activities across south London to raise the profile of this underreported issue, and started some very positive conversations – from an incredibly successful tweet chat with WeNurses (@WeNurses), to pledge sharing by health care workers on social media about how they would improve their own catheter care practices. A carefully planned campaign and terrific support from the NHS in south London, with events held on every site we are working with, meant #cathetercare and its important messages reached 13 million people in a week.

We're also championing app and digital content prescribing, and we are now calling for innovative members to host pilot sites for Phase 2 of this work. To find out how you and your organisation can become involved with this, see page 4.

Our NHS Internship Scheme, which gets graduates into support roles in the NHS, was a shortlisted finalist for the Health Service Journal's Value in Healthcare Awards in May. We're immensely proud of all the team and our talented interns have achieved, and the potential that this has to expand in the future.

Widening the net, you can read all about the profound national impact that Academic Health Science Networks have been having on the health landscape and economy in our feature on the national AHSN Impact Report on page 5. Highlights include at least 365 strokes – one every day – being prevented by our collective work, and three million patients benefiting from innovations via the NHS Innovation Accelerator.

We also bid farewell to our incredible and varied cohort of Darzi Fellows in this issue, who've made such a profound impact by innovating and spreading best practice across south London in their programme areas. Our warmest wishes to them all in their future endeavours, and we look forward to welcoming our new fellows in the autumn.

You may soon be contacted as part of the annual member survey, and if so please do take a moment to let us know what is working well and anything we could do better to speed up the best in health and care in south London.

Have a brilliant summer.

Tara

A handwritten signature in black ink, appearing to read 'Tara'.

The Innovation & Diffusion Awards 2016

South London Innovation Small Grants & Recognition Awards

The Innovation & Diffusion Awards encourage and celebrate innovation, and incorporate the South London Innovation Small Grants Awards and the Recognition Awards. The awards ceremony takes place this year on Thursday 3 November from 4pm, in the Robens Suite at Guy's Hospital.

The award of grants to stimulate innovation has been a feature of the work programmes of South West London System (SWLS), the Health Innovation Network (HIN) and Health Education England (HEE) working across south London, for the last few years.



Click here to find out more about the awards

Participate in Digital Content Prescribing pilot



Innovation Network and IMS Health will work with pilot sites, providing all necessary training and support for staff during the trial. We will also work with you to develop a strong evidence base, enabling effective decision making for the future.

Evidence shows when healthcare professionals prescribe apps to patients, they are more likely to be used – and patients will benefit from being given opportunities to access health and wellness support in new ways.

The Health Innovation Network, in partnership with IMS Health, is now calling for innovative care settings to host pilot sites for our Phase 2 Digital Content Prescribing pilot –including GP practices, community pharmacies, acute trusts, and any other setting with prescribing responsibility.

Participating sites will be working at the cutting edge of digital content prescribing, with support from the Health Innovation Network and IMS Health, to pioneer the use of digital content to improve patient experience, clinical outcomes and efficiency, while informing the national agenda in the field.

The pilots will help us develop shared understanding of how clinicians and healthcare workers can prescribe digital content in practice. The Health



To find out more contact Alice at alice.morrisey@nhs.net



Watch our Digital Content Prescribing animation

AHSNs at the NHS Confederation 2016

The AHSN Network had a strong presence at NHS Confed, from 15 – 17 June this year. Tara attended and caught up with many south London members. A reception was held to launch the Impact Report, which was very well attended, and had some very positive press coverage.

There was a showcase presentation on the cross-AHSN work on Flo Simple Telehealth, which provides a new model of patient self-care management. The AHSN Network had a main stage presence in a plenary session showcasing the NHS Innovation Accelerator and Liz Mear, Chair of the AHSN Network and Chief Executive at the Innovation Agency, took part in a panel discussion about driving economic growth in local communities.



Watch Liz speak about the Impact Report and the recent innovations made by AHSNs across the network in a short film made at Confed here

Date for the Diary

The AHSN Network will be at the Health and Care Innovation Expo 2016, from 7 – 8 September 2016 at Manchester Central. Look out for us in the Innovator Zone, which we are hosting and exhibiting at, alongside 30 SMEs.

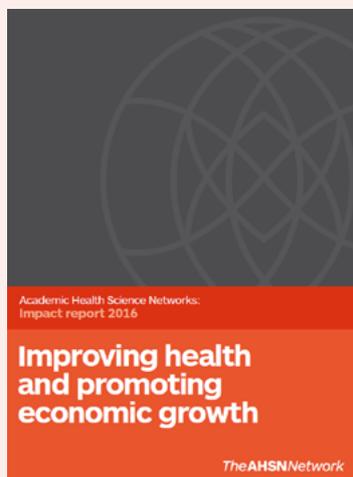


Click here to find out more about Expo

AHSN Network Impact Report: Improving health and promoting economic growth

As our Academic Health Science Networks across England enter the fourth year of operation we have worked together to present our second national Impact Report, outlining our work over the past 12 months. The collective impacts of the AHSN Network in numbers:

- At least 365 strokes, one every day, prevented by our work, saving lives, reducing disability and saving almost £8.5m to the NHS and social care
- £20 million support for businesses through the SBRI Healthcare programme
- Enabling 33,000 patients to self-manage with Flo Simple Telehealth
- Three million patients benefiting from innovations via the NHS Innovation Accelerator
- More than 800 jobs created or safeguarded
- Running 15 Patient Safety Collaboratives, which are preventing avoidable harm
- Supporting seven test bed sites, which link industry into the NHS and improve outcomes for citizens
- Supported over 500 new products or services to be co-developed and/ or supported into the NHS



populations and healthcare challenges. Crucially, AHSNs also work together on key areas which include promoting economic growth, diffusing innovation, medicines optimisation, improving quality and patient safety, putting research into practice, and national programmes, such as SBRI Healthcare and the NHS Innovation Accelerator.

This report details our progress in these and other areas, where we are working closely together to explore opportunities around specific health challenges (such as the use of digital tools to enhance patient activation and atrial fibrillation).

Across England, there are 15 Academic Health Science Networks. We were established by NHS England in 2013

to spread innovation at pace and scale in order to improve health and generate economic growth. As the only bodies that connect NHS and academic organisations, local authorities, the third sector and industry, we are catalysts that create the right conditions to facilitate change across whole health and social care economies, with a clear focus on improving outcomes for patients.

Each AHSN works within its own area to develop projects that meet the diversity of their local



Click here to read the report

If in doubt, take it out!

Celebrating Catheter Care Awareness Week

Catheter Care Awareness Week, which the Health Innovation Network ran from 20 – 24 June, featured innovative events and activities across south London. The week has been a resounding success, and we have had great support from clinicians and patients alike.

Catheter Care Awareness Week generated almost 14 million impressions on Twitter. We took part in an engaging tweet chat with WeNurses (@WeNurses) to help spread the word about catheter care and generate positive conversations around improving patient safety. We also encouraged health care workers to share their own pledges about how they planned to improve catheter care on social media, and this has had a fantastic response – with over 300 pledges made.

Our goal, which we championed throughout the week, is to stop urinary catheters causing harm to patients and to improve their

wellbeing and recovery. We also raised awareness about catheter problems, and encouraged people and organisations from across the health and social care system in south London to get involved.

If you would like to find out more information about catheter care check out our [website](#), where you can read our [patient stories](#), watch our [animation](#) showing the demoralising effects that catheter associated urinary tract infections can have on older people, and see our [films and vlogs](#). You can also see some of our highlights from the week on [storify](#).



For more information on the project and advice or support about catheter care, please visit our website or email us at cathetercare@hin-southlondon.org

What's your cathetercare pledge?

“Thank you #cathetercare for chat tonight! It was my first and SO fantastic to speak with other passionate people.”

Melanie De Jaeger

New website for South London NHS Genomic Medicine Centre

We are delighted to announce the launch of a new website for the South London NHS Genomic Medicine Centre (GMC).

The new website provides up-to-date news, information and resources for clinicians, providers and patients across south London, Kent, Surrey and Sussex, as well as genomics training and events for healthcare professionals.

The South London Genomic Medicine Centre was set up to help gain a better understanding of the genetic causes of cancer and rare diseases. It is one of 13 GMCs across England and part of the Government's 100,000 Genomes Project, which aims to sequence and analyse 100,000 genomes from people with cancer or rare diseases.



[Click here to visit the new website](#)

Congratulations to the NHS Internship Scheme HSJ award finalists



as a finalist for these awards. It's a fantastic achievement for the team, and all the brilliant interns and wonderful organisations who've worked with us on this initiative – and it's a great example of the innovation that is evident across all of the Health Innovation Network's programmes. My warmest congratulations go out to the team and to the other finalists – there were some outstanding programmes in the running for this award."

We're delighted that the NHS Internship Scheme was a shortlisted finalist in the Workforce category award at the HSJ Value in Healthcare Awards in May 2016. Congratulations to the team and the interns and partner organisations who worked with the Health Innovation Network on this unique programme, which supports so many non-clinical professions across south London.

The NHS Internship Scheme was set up by the Health Innovation Network in 2015, and its popularity has taken off since then. We now have over 50 internship placements across 14 organisations, and 15 job roles, from business support and IT to quantitative surveying. Over 300 students are now on our books for internships.

Chief Executive Tara Donnelly said: "I am thrilled that the NHS Internship Scheme team was selected



[Click here to find out more about the NHS Internship Scheme](#)

DigitalHealth.London | ACCELERATOR latest news

- 119 digital health businesses applied to be part of the DigitalHealth.London Accelerator programme's first cohort.
- The Accelerator team and a panel of 40 NHS clinical, technical, digital and commercial experts heard the elevator pitches of 64 companies.
- 30 companies have now been selected, who will benefit most from the programme, and they will

be announced at the Accelerator launch on 12 September 2016.

- Four navigators have been appointed, who will act as relationship managers between the SMEs on the programme, and the NHS and wider healthcare sector.

The DigitalHealth.London Accelerator is a new programme for digital health businesses, which would benefit from better engagement with the NHS and the wider health sector.



[Click here to find out more about the DigitalHealth.London Accelerator](#)

‘Sharing the Best’ Conference: Promoting the spread and adoption of good practice in older adult residential and nursing homes in south London

The Health Innovation Network and the Sutton Homes of Care Vanguard are hosting an exciting new conference on Thursday 13 October 2016 at the Coin Street Neighbourhood Centre. The keynote speaker is William Roberts, National Lead for enhanced care in care homes at NHS England, and the conference is chaired by health and science writer, presenter and broadcaster, Vivienne Parry OBE.

The conference will feature presentations and workshops on innovative best practice within care homes, including:

- Sutton Homes of Care Vanguard
- Health Innovation Network
- Airedale and Partners Vanguard

- Spare Tyre Theatre Company
- All Together Better Sunderland Vanguard

This conference is primarily for south London organisations that are actively involved with older adult residential and nursing homes, including but not limited to: local authority and CCG commissioners, quality and performance teams, residential and nursing home providers, NHS community providers, NHS acute trusts, CCG chief nurses, rapid response teams, AHPs, social workers, NHS mental health providers, medicines optimisation teams, the voluntary and independent sector, and regulatory bodies.



[Click here to read more about the conference and to book your free place](#)

First Digital IBA Symposium held in London



On 15 June the Safe Sociable London Partnership (SSLP) held an inspiring Digital Identification and Brief Advice (IBA) Symposium, in partnership with the Health Innovation Network, London Alcohol Misuse Partnership (LAMP), Alcohol Research UK and DigitalHealth.London. Alcohol IBA is simple, structured and brief advice given to a person after completing a validated alcohol screening tool.

This was a ‘taster’ symposium to encourage academics, commissioners and practitioners to try, expand or improve their digital IBA delivery within their workplaces. Through presentations, a discussion panel and workshops, it provided an overview of some of the developments, challenges and applications of digital IBA in the UK at the moment.

The day took attendees through digital approaches to health, firstly IBA then more generally, research

on the effectiveness of digital IBA approaches, how it can work in practice, and the challenges in planning and implementing these approaches. There were compelling presentations on the evidence for digital IBA, debates about the place of digital IBA versus face-to-face interaction, and case studies on how it has been implemented in practice. There was a huge amount of enthusiasm among attendees who were keen to progress and develop this agenda.

The pace of digital IBA development in the UK and further afield has increased significantly in the past year, and research evidence shows it is an efficient inclusion to alcohol harm early intervention and prevention tools. Local authorities, the third sector and commercial sector are increasingly commissioning, developing and offering digital IBA platforms to users.

The Health Innovation Network Darzi Fellows

One year on

It's hard to believe that it's been a year since we welcomed the latest cohort of Darzi Fellows to the Health Innovation Network. They have been a brilliant asset in helping us innovate and spread best practice across south London in their programme areas, and here they share their experiences of working at the Health Innovation Network in their own words. We wish them all the best for the future.



Musculoskeletal Darzi Fellow: Fay Sibley

Clinical Team Leader for London Ambulance Service, looking after a team of 15 paramedics

What a difference a year makes! This time last year I was flying round the streets of London in an ambulance, a flash of yellow with my lights and sirens blaring... or increasingly, I was buried under a mountain of patient records, sickness reports and return to work forms. Now fast forward one year and I'm hastily approaching the end of my secondment as a Darzi Fellow – it seems life moves at breakneck speed even without the sirens, and what a year it's been.

I have really enjoyed working as part of the Health Innovation Network, a unique NHS environment where innovation and creativity are promoted and celebrated, and no longer seen as the thing we'd love to do, "if only we had the time".

My year has focused on a project to help people in the community with chronic joint pain manage their condition more effectively. During this time I have had the chance to take on many challenges and I have relished the opportunities to learn new skills, including SROI evaluation, film making and event planning, as well as the chance to enhance old ones, like making presentations and delivering training courses. In fact I have enjoyed my time here so much I am staying for another year in my current role, as a project manager for the musculoskeletal team.



Patient Safety Darzi Fellow: Sarah Curr

Clinical Teacher at King's College London Faculty of Nursing and Midwifery

This year has given me a real opportunity to focus on improving the lives of people living with catheters. The roll out of the catheter care packs across the Sutton care homes has enabled me to fully engage with healthcare staff in this area and really understand the unique challenges they face in care provision.

The Darzi programme has provided me with an opportunity to focus on project implementation while engaging in one-to-one coaching, action learning sets and project surgeries. It has enabled me to unpack complex issues and work on ways to address them, giving me both personal and professional insights that will be invaluable in future roles. Overall I will remember the energy and exciting projects being undertaken within the Health Innovation Network, as well as the real focus on a healthy workplace – lunchtime yoga was always an oasis of calm, and well needed in its mid-week slot!



Diabetes Darzi Fellow: Monica Fisk

Principal Podiatrist for Guy's and St Thomas' NHS Foundation Trust, working in clinical and operational management of community health

My work this year has focused on improving insulin safety on discharge, with a particular emphasis on elderly and vulnerable patients. The project has focused on three key areas – implementing improved discharge planning using the JBDS-IP discharge planning tool for adult inpatients with diabetes, improving staff training on insulin safety, and encouraging the use of insulin passports.

Throughout my time as a Darzi Fellow at the Health Innovation Network I have learned a lot about how to design and implement an effective project. I have also felt my confidence grow with the support of the diabetes team and Health Innovation Network staff as a whole. I have really enjoyed working in such a warm and stimulating environment and will miss the Wednesday lunchtime yoga sessions when I move onto pastures new in September!



Dementia Darzi Fellow: Dr Nwakuru Nwaogwugwu

GP Clinical Lead for Southwark Nursing homes

During my time at the Health Innovation Network I have been working with the dementia team on projects for carers. My particular project, 'Time To Think About You', has been co-produced with the Carers Trust and features a prompt card to raise carers' awareness about how the caring role can impact on their own health.

It has been an interesting and refreshing journey to get this taster of project development, and I have had a really supportive and energised team. I have had the opportunity to meet different people and also share the work I do in care homes in the care home forums and meetings. I will be going back to work in full-time general practice, but I will definitely come away from the Health Innovation Network thinking about metrics, and how I will continue to spread best practice and other good things!

What is a Darzi Fellowship?

The **Darzi Fellowship Programme** is an initiative that benefits both participants and their employing organisations. Over the past seven years, Darzis have led major service improvements, implemented numerous safety and quality initiatives, and made substantial financial savings for trusts. Fellows are in post full-time for one year, and are expected to undertake one main project for their sponsor in addition to completing their leadership development programme (PG Cert). The programme is run by the London Leadership Academy who commission on behalf of HEE in London and is supported by a bespoke leadership development programme from the London Southbank University.

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