

# Physitrack®



Next Generation  
Patient Engagement



# Complete patient engagement.



Exercise  
Prescription



Outcomes  
Analysis



Integrated  
Telehealth



Patient  
Education



# Library

- Exercises
- Programs
- Education
- Outcome measures

0

Search exercises

Show favourites only

Specialty:

(all specialties)

Equipment:

All equipment

Difficulty(s):

All difficulties

3501 exercises

AAROM cervical extension with overpressure  
Cervical ●

AAROM cervical side flexion with overpressure  
Cervical ●

AAROM elbow extension supine  
Upper limb ●

Squat  
Hip, Knee ●●

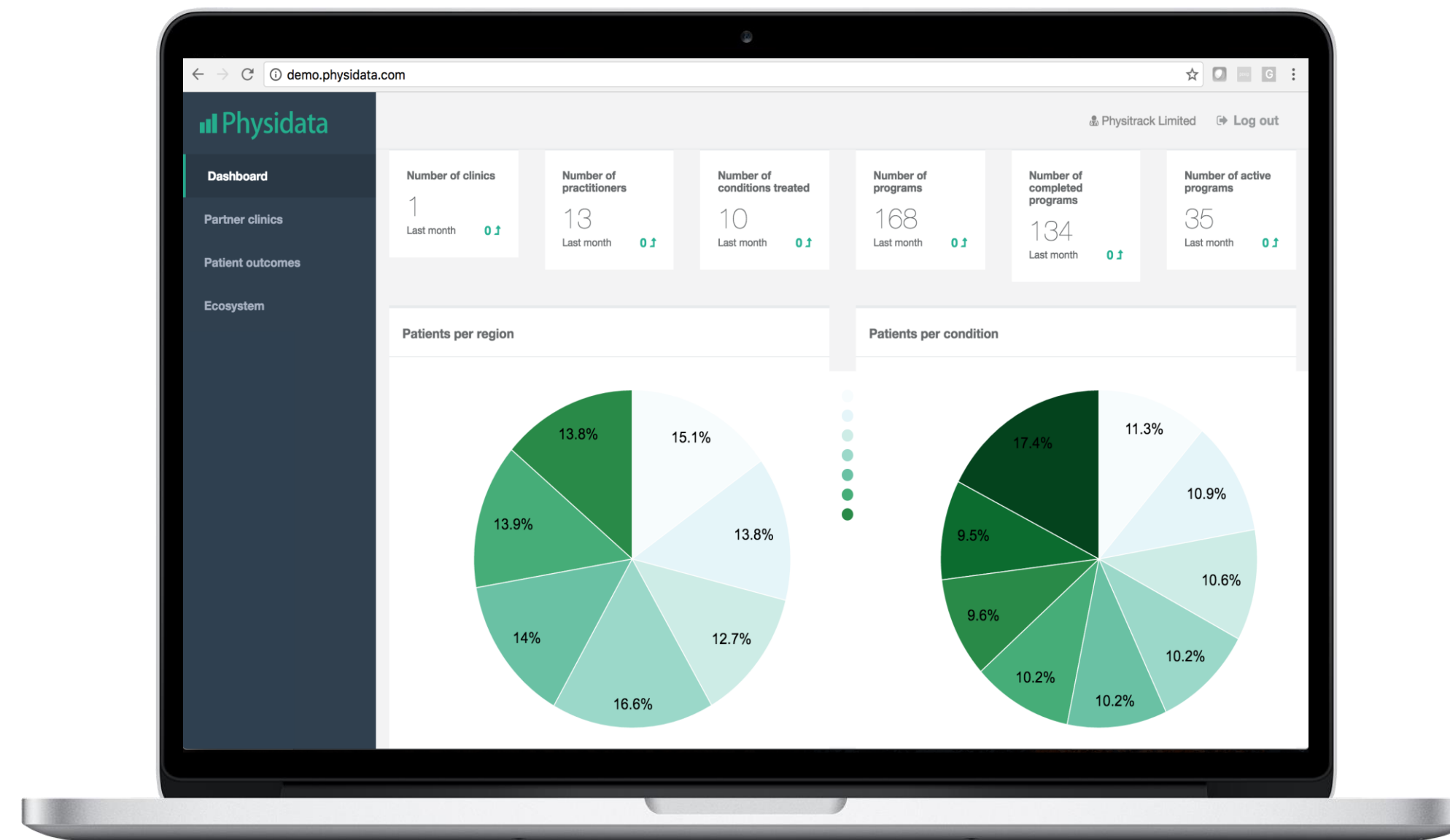
Squat on Bosu  
Hip, Knee ●●

1-2-3-hold on trampette  
Foot & Ankle, Hip, Knee ●●

180 degree turn  
Lower limb ●

2 jump 1 back over hurdles  
Foot & Ankle, Hip, Knee ●●●

# The Analyst Experience - Aggregated Outcomes Analysis



- ✓ Outcome data processing and analysis
- ✓ Expected condition-specific outcomes
- ✓ Expected recovery times by condition/cohort
- ✓ Internal benchmarking around treatment efficacy and clinical performance

**Add-on product for larger organisations**



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