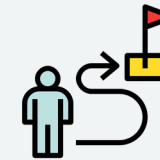


Moving forward: Recommendations for Remote Consultations in Mental Health

Thank you to the public, patient and carer representative group who selected these recommendations from the Triangulation Report* to produce this infographic.

Research is needed to evaluate the implementation of new pathways including blended approaches to service delivery and de-implementation of old ways of working.



Further research is required to better understand who remote consultations benefits and why, in order to make evidence-informed offers regarding the mode of service delivery and to provide increased choice.



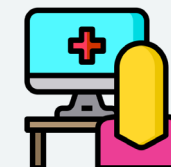
Future research and evaluation strategies should specifically target the populations who have been under-represented in the data sets analysed to date.



Engagement from a variety of services e.g. charities, probation services, peer support groups and supported accommodation will be vital to understand how best to involve those people who are under-represented to address digital exclusion and existing inequalities.



It is important that future work addresses questions of clinical effectiveness to ascertain which clinical pathways remote consultations are suitable for, before being routinely offered as the norm post-pandemic.



Triangulation Report*
recommendations

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