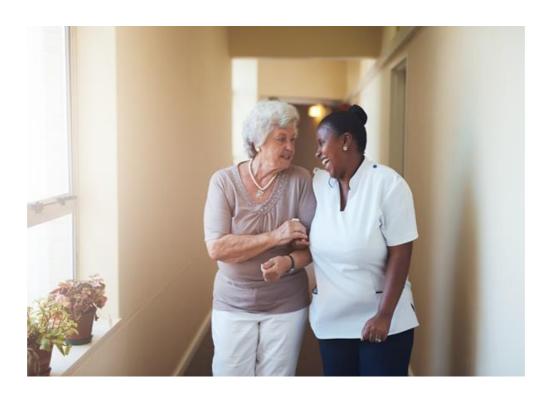




# Care Home Pioneer Programme 2022



## The Pioneer Programme

The Pioneer Programme is open to care home managers, deputies, and senior nurses working in residential and nursing homes for older adults in South London.

The Health Innovation Network (HIN) are working in partnership with My Home Life, a UK-wide movement for quality of life in care homes, to deliver a bespoke Leadership Support programme to 36 care home managers across South London.

The programme offers support to care home managers to:

- Increase resilience, and reduce burn-out
- Advance their leadership skills and strategies
- Drive forward a small service improvement project
- Embrace a calmer more relational environment to live and work
- Improve staff morale
- Improve relationships with external agencies.

At the end of the programme, managers will be able to continue to meet as group together with previous Pioneers for continued support and opportunities to work with HIN and to develop innovation in their care homes.

"This programme has made my residents and staff feel more secure and significant"

South London
Care Home Manager

#### How does it work?

The 2022 Pioneer Programme will be open to 36 care home managers and run from March to December 2022. Pioneers are guided and supported by skilled coaches and facilitators to advance their skills, learn from each other, and get help with resolving the complex issues which are part of the job!

The programme begins with four face to face workshops, followed by a series of nine virtual monthly half-day action learning meetings and a celebration completion day.

Each Pioneer will be assigned a mentor who will be available to provide additional support to carry out a small and sustainable service improvement project.

Action learning recognises that individuals learn best when they learn with and from each other, by working on real problems and drawing on their own experiences.

The sessions are confidential to allow a safe space for the Pioneers to share their own experiences. The learning from the programme as a whole and the improvement projects will be shared more widely with the aim of providing better support to care homes

"The commissioners and external stakeholders have seen the positive impact of the changes I have introduced as a result of the Pioneer Programme"

South London
Care Home Manager

# How do I apply?

Application deadline: Monday 7th March 2022

Click <u>here</u> to complete the short application form.

If you are interested in joining the group and want more information, please contact George Croft, HIN Project Support Officer.

Being part of the programme requires commitment from you and your organisation to attend throughout the year.

George Croft
Project Support Officer
Health Innovation Network
E: george.croft@nhs.net

Healthinnovationnetwork.com Myhomelife.org.uk "I have introduced daily team meeting with the nurses which has helped to boost self-esteem as they are able to discuss any difficulties they may have in their work"

South London
Care Home Manager

"The programme helped me in difficult conversations during the pandemic" South London Care Home Manager

### **Key Programme Dates**

Location for all in-person sessions – Ground Floor, Minerva House, 5 Montague Cl, London SE1 9BB

#### Workshop 1 – in-person – full day

Weds 30<sup>th</sup> March / Tuesday 19<sup>th</sup> April

Workshop 2 - in-person - full day

Weds 13<sup>th</sup> April / Wednesday 27<sup>th</sup> April

Workshop 3 - in-person - full day

Thurs 21st April / Tuesday 3rd May

Workshop 4 - in-person - full day

Tuesday 10<sup>th</sup> May

Action Learning Session 1 - Virtual - half-day

Tuesday 24<sup>th</sup> May / Tuesday 7<sup>th</sup> June

Action Learning Session 2 - Virtual - half-day

• Wednesday 15<sup>th</sup> June / Tuesday 28<sup>th</sup> June

Action Learning Session 3 - Virtual - half-day

TBC Early July

Action Learning Session 4 - Virtual - half-day

• Tuesday 26<sup>th</sup> July / Thursday 21<sup>st</sup> July

Action Learning Session 5 - Virtual - half-day

TBC Mid August

Action Learning Session 6 - Virtual - half-day

Tuesday 6<sup>th</sup> September / Wednesday 7<sup>th</sup> September

Action Learning Session 7 - Virtual - half-day

• Thursday 29<sup>th</sup> September / Wednesday 28t September

Action Learning Session 8 - Virtual - half-day

Thursday 20<sup>th</sup> October / Wednesday 19<sup>th</sup> October

Action Learning Session 9 – Virtual – half-day

• Thursday 17<sup>th</sup> November / Wednesday 9<sup>th</sup> November