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Dr Rishi Das-Gupta, Chief Executive

Hello all and welcome to our latest newsletter.

Since our last edition we have seen cold spells, snow and annual festivities. In a flash, we are now into 2023 and I hope you managed to find some time to rest and recharge amidst continuing pressures throughout the system.

The end of last year saw us wrap two major projects designed to support our workforce: the [CVD Fellowship Programme](#) and [Care Home Pioneers](#) cohort four. Both projects are successful examples of our ongoing commitment to provide collaborative learning opportunities, develop technical and leadership skills and deliver real-world improvement projects which benefit the health and care workforce. You can find more of [our highlights from 2022 here](#).

2023 at the HIN has started brightly, with outputs, learnings and insights from long-term projects becoming available across many of our clinical programmes.

We recently published a series of blogs on [perinatal health inequalities](#), sharing recommendations for improving the birthing journeys of minoritised people. We have also been continuing our work on [evaluating mental health crisis hubs across London](#), in collaboration with NHS England and Improvement.

We are pleased that our current license with NHS England will be extended for a further year until 1 April 2024. We will be supporting NHSE in discussions about the future of national programmes, and are excited about having an even greater impact on health outcomes through our local projects.

Our business planning cycle restarts shortly, and we are pleased to be building relationships with new partners across the health and care system in south London and beyond. Delivering impact through digital transformation is high on the agenda for many of our partners; it is great to be supporting a range of projects in this area, including the adoption of automation technology to save time in primary care, and reviewing how apps might help provide

[personalised care for people with cancer.](#)

Winter will of course continue to be an extremely challenging period for many of us. We stand ready to support wherever we can – please do get in touch with me or the rest of the team to discuss how the HIN might be able to help.

News and updates



Cardiovascular Disease Prevention Fellowship

In April 2022 the HIN launched its CVD Prevention Fellowship Programme which upskilled 85 primary care clinicians in different areas of CVD and quality improvement. This programme consisted of a series of clinical webinars delivered by secondary care specialists from south London alongside QI training where Fellows carried out their own QI projects which saw improvements to CVD care in over 40 GP practices.

This was a very successful programme with 98 per cent of fellows feeling more confident delivering care to people at risk of CVD and 96 per cent supporting their colleagues more with CVD care.

We've shared our learnings to help support other organisations who may be looking to run similar programmes. Please share with anyone who may be interested.

[Find out more about the programme and what the Fellows learnt here.](#)



Mental Health Crisis Hubs

We have published an evaluation of mental health crisis hubs. The hubs were set up during the pandemic to improve access to mental health crisis care without needing to go to emergency departments.

The report was designed with input from experts by experience, who also co-designed a [layperson summary](#) to ensure the findings are widely accessible.

[Find out more about the evaluation here.](#)



New Funding to Help Prevent Cardiovascular Disease

The Small Business Research Initiative (SBRI) has awarded a total of £3.3 million funding to support initiatives designed to tackle cardiovascular disease (CVD) in England. A portion of the national funding will be used to scale up initiatives in two projects to prevent CVD in south London: Healum patient management software and the CVD Prevention Decathlon.

We are looking forward to expanding our support for these programmes to minimise the risk posed by CVD for as many people as possible.

[Find out more about Healum and Decathlon here.](#)



Opportunity to use personalised support system for patients at



risk of CVD

Healum provides software, patient facing mobile apps and systems to PCNs that enable them to support and empower patients at risk of CVD through self-care resources and patient care plans. Healum has secured central NHS funding for 30 practices in south London to use its product for one year.

What will be the benefits for your practice?

Healum's planning software and mobile app help reduce pressure on GP workforces, empower patients and improve health outcomes by sharing relevant educational content as part of a collaboratively created care-plan for patients at risk of CVD. The system is interoperable with EMIS and has been shown to improve patient engagement.

Want the Healum system at your GP surgery?

If you would like to register your interest in adopting Healum at your PCN or practice email alice.holden@healum.com. There are no additional costs to use the system – costs are covered as part of the project funding. Practices using Healum will help shape its development and content.

Please share with anyone in primary care who may be interested.



Partnering with People at the HIN: HEAL-D

In the UK, Type 2 diabetes affects African and Caribbean communities at a higher rate than white European communities. To address this disparity, a type 2 diabetes self-management, and education programme called [Healthy Eating and Active Lifestyles for Diabetes \(HEAL-D\)](#) was developed.

In a recent blog, HIN Involvement and Implementation Manager Sophie Lowry and Project Manager Sally Irwin talk about how HEAL-D was formed, pivoting to virtual delivery and the potential of a national scale-up.

[Read the full blog here.](#)



Perinatal Health Inequalities Blogs Series

Women and birthing people from black, Asian, or mixed ethnic backgrounds are significantly more likely to experience poor outcomes during their maternity journey. Between September 2021 and October 2022, Darzi Fellow Rosie Murphy undertook work in Croydon to explore these inequalities and what could be done to improve local services. Find out more through the links below:

1. [Reflecting on the learnings and experiences from the Fellowship](#)
2. [Recommendations for improving perinatal health inequalities](#)
3. [Reflecting on the challenges of trying to change structural issues over a 12-month project](#)



Health Data MRes / PhD Opportunity

Applications are open for places on the Wellcome Trust-funded 'Health Data in Practice' PhD Programme at Queen Mary University of London.

Successful applicants would gain in-practice context to health data science research through an MRes in Health Data in Practice in the first year. The deadline is 27 January at 5pm.

[Find out more here.](#)



NHS Graduate DDaT Scheme – Robotics Automation

The NHS Graduate Digital Data and Technology scheme, commissioned by NHS England has recruited over 180 graduates to key roles since 2018, with a 93 per cent retention rate.

With over 30 trusts and healthcare providers from every region in England already participating in the scheme, find out how these organisations are using tech graduates to support their regions digital projects. Join their next webinar for NHS managers on Thursday 26 January, 9.15 - 10.30am.

[Find out more and sign up.](#)



Stay connected with our involvement work

Last year we launched our [Involvement Strategy](#), representing a reset in our thinking and a moment of renewed effort to co-produce health innovation.

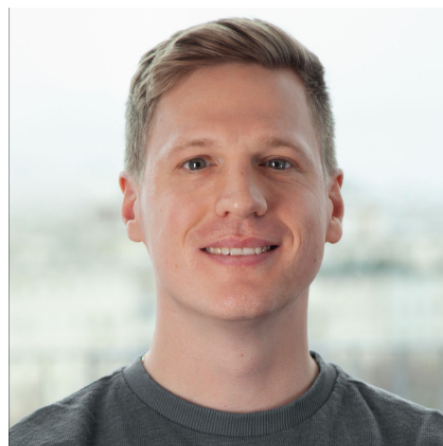
To hear more about our involvement work, sign up to our Partners with People newsletter by [emailing the HIN communications team](#).

Funding opportunities

Find out about the latest funding opportunities, including opportunities to develop medical devices, in vitro diagnostics and Tier C digital health technologies.

[Discover more opportunities](#)

Meet the Innovator



"To be able to provide relief and aid through AI-based solutions is incredibly rewarding and I'm overwhelmed by the difference we're making in people's lives. It's the whole reason we started Limbic."

Limbic is a cutting-edge software that drives information within psychological therapy to enhance mental healthcare in the UK.

We spoke to Ross Harper, CEO of [Limbic](#), about his innovator journey so far and how the software makes the highest quality mental healthcare available to everyone, everywhere.



Events

HSJ Digital Transformation Summit

Thursday 9 - Friday 10 February 2023

The HSJ Digital Transformation Summit unites 120+ digital, clinical and operational board leaders from across the ICS and provider landscape to maximise the potential of digital to fundamentally transform health service delivery, as we recover from the pandemic and reset for the future.

Importantly, this isn't a discussion just for CIOs. Through interactive panels and debates, join your peers to ensure the digital agenda is moved forwards through the visions and strategic decisions of the whole trust or ICS board.

[Register your place here.](#)

Digitising Social Care Engagement Event

Wednesday 15 February, 10am - 5pm

The South East and South West London Integrated Care Systems (ICS) are delighted to invite South London Care Home Providers/Managers to a Digitising Social Care Engagement Event at Coin Street Neighbourhood Centre, 108 Stamford Street, London, SE1 9NH.

Why attend?

- chance to learn about how and why social care is looking to adopt digital technologies;
- a showcase of the importance of different technologies such as Digital Social Care Records (DSCR), acoustic monitoring and remote monitoring, and their wide-ranging benefits;
- opportunity to have face-to-face conversations with suppliers and discuss how digitising your organisation can support efficiencies and better health outcomes for your patients and residents;
- see suppliers present their products live;
- network with peers, commissioners and colleagues.

[Register your place here.](#)

The NHS Innovation Conference 2023

Tuesday 28 February 2023, 8am – 4.30pm

The NHS Secondary Innovation Conference Series provides NHS secondary care managers and leaders with a secure platform to meet with peers, exchange insights, and engage with key guest speakers from across the UK and further afield. Delegates can expect to benefit from live guest presentations, interactive question and answer sessions, meet-the-provider opportunities, and much more.

This is a free event for NHS professionals only.

[Reserve your place here.](#)

MedTech Futures Conference

Wednesday 1 March, 9am – 4.30pm

Join NHS and industry leaders at the MedTech Futures conference to explore how technology will transform the way healthcare is delivered.

The MedTech Futures conference, delivered by Health Tech Enterprise, will explore how technology innovation can transform the way that healthcare is delivered to support the realisation of the NHS's long term plan.

Leading clinicians, investors, NHS decision makers, industry, researchers and third sector representatives will come together to explore key needs in healthcare and the latest technology trends.

The event will explore five key areas:

1. Delivering on the NHS long-term plan (world-class care for major health problems; healthy ageing; and reducing health inequalities)
2. The role of technology in addressing key challenges of today including tackling waiting lists and the on-going impact of Covid-19
3. The digital health revolution
4. Developing an effective regulatory strategy for medical technologies and diagnostics
5. Successful fundraising strategies and venture capital trends to watch

Clinicians and industry experts will share their insights on each topic and delegates will be able to take part in a panel discussion, chaired by Vivienne Parry OBE.

[Get your ticket here.](#)

Partner news

14 Digital Health Companies Join the DigitalHealth.London Launchpad Programme

DigitalHealth.London is proud to announce the 14 digital health companies selected for the fifth cohort of the [Launchpad programme](#). All companies are at an early stage of developing a product or service that has high potential to meet the current challenges facing the NHS and social care today. [Read more here.](#)

Resolving the Evidence Generation Paradox

[Psyrim](#) is an early-stage start-up aiming to transform psychosis care pathways by leveraging speech-based machine learning technology for triage and assessment. Here, co-founder Edwin Wong pens some reflections on their experiences, following completion of the DigitalHealth.London Evidence Generation Bootcamp programme. [Read more here.](#)

Eight alumni Accelerator Companies Recognised in 2023 HTN Now Awards

Every year, the [HTN Now Awards](#) share and celebrate innovations, teams and health tech suppliers that have made a difference and have the potential to shape future services and systems across health and care. This year, eight alumni Accelerator were recognised across a number of categories. [Read more here.](#)



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