



Hydration Managers Summit - Meet the Speakers

Speaker Biographies in order of presentation

Date: Tuesday 18 March 2025

Times: 09.00-17.00

Venue: Robens Suite, 29th Floor, Tower Wing, Guy's Hospital, London SE1 9RT

Nearest transport links: London Bridge

Lucie Waters

Director of Integration

South West London Integrated Care Board

David Williams

Clinical Program Lead Intensive Support Service & Senior Project Manager
South West London Integrated Care Board

Dave Williams is a Registered Learning Disability Nurse and Behavioural Specialist with over 25 years of experience in forensic settings and, more recently, in dementia care. He has a proven track record of establishing and developing innovative services, including a new dementia pathway designed to support individuals with complex behavioural profiles and prevent detention under the Mental Health Act. His career spans diverse roles, including Hospital Director for a specialist forensic hospital, Operations Director for large national organisations, and positions within the NHS, charity, and private sectors.

He has extensive experience working with regulators across the UK, leading services to achieve "Outstanding" ratings with the CQC, and successfully turning around underperforming services. Throughout his career, Dave has contributed to several research projects that have informed the development of the Active Support and Positive Behavioural Support models. He has been fortunate to collaborate with world-renowned behavioural specialists on these projects and other works, including publications, all of which have significantly shaped his approach to practice.

Currently pursuing his third Master's degree in Applied Behavioural Analysis, Dave is passionate about making education and training accessible to all, drawing on his own neurodivergent experience. In his current role as Clinical Program Lead for the Intensive Support Service at SWL ICB, he focuses on supporting individuals with complex behavioural profiles to transition from hospital to community placements. His work emphasizes a deeper understanding of behaviour, encouraging support staff to see the person beyond the challenge.

Dr Diane Bunn

Associate Professor of Nursing Research

University of East Anglia

Diane is Associate Professor of Nursing Research at the University of East Anglia. Her core areas of research are hydration care for older people and impact of infectious diseases in care homes, using a range of different methods. She adopts collaborative and inclusive approaches, working alongside care home residents, staff and the wider multi-professional team in her research. She will be presenting a broad overview of why



dehydration is a particular issue for older adults and evidence-based strategies to promote effective hydration care in supporting older adults.

Lesley Carter

Clinical lead / Programme lead Malnutrition task force

Age UK

Edwina Curtis

Designated Adult Safeguarding Lead (Merton)

South West London Integrated Care Board (ICB)

Edwina is the designated adult safeguarding lead covering the London borough of Merton. She is a social worker by background having studied at the Australian National University and Australian Catholic Universities. She joined the NHS in 2015 as a Safeguarding Adults Lead, having previously worked in adult social care as a Qualified Social Worker and joined South West London ICB in 2021 as a Designated Adult Safeguarding Lead.

Edwina has vast experience working across adult social care, the NHS and in NSW Health in Australia with a particular interest in safeguarding and mental capacity in healthcare settings. She is a proactive member and health representative of the Local Safeguarding Adults Board (SAB) and co-chairs the Quality and Practice Subgroup for SAB. Recently, Edwina also supported the development of the South West London Integrated Care System Safeguarding Protocols for Falls, Medication Errors and Pressure Ulcers.

Estelene Klaasen

Designated Adult Safeguarding Lead (Croydon)

South West London Integrated Care Board (ICB)

Estelene Klaasen is the designated nurse for safeguarding adults covering the London Borough of Sutton. She completed nursing studies at University of Western Cape (South Africa) and King's College London. She has 30 years' experience which has been a very interesting journey. Her career in the NHS started in June 2000 and she worked at NHS Trusts including King's College Hospital, National Hospital for Neurology & Neurosurgery, Croydon Health Services and joined clinical commissioning in 2017. As a ward matron she was passionate and committed to ensure that patients with dementia and learning disabilities were well supported and involved in their care; something she continues to champion.

In her current role she is responsible for ensuring that providers are compliant with their responsibilities to safeguard vulnerable adults including overseeing quality assurance and is a proactive member of the Local Safeguarding Board (LSAB). She supports the work of the LSAB and chairs the Safeguarding Adult Review (SAR) subgroup. In 2021 she participated as a member of the Patient Safety Awards judging panel for the HSJ. She has also been involved in the transitional safeguarding task and finish commissioned by the Safeguarding Adults National Network (SANN).

She is an advocate for victims of domestic abuse and has successfully secured funding for the IRIS programme in a SWL borough. She is currently supporting the executive lead for safeguarding with the role of the Domestic Abuse and Sexual Violence (DASV) lead for SWL ICB.

Lilian Li
Lead Pharmacist (Care Homes)
South West London Integrated Care Board

Lilian Li is the Care homes Lead Pharmacist at the South West London Integrated Care Board and is a member of the leadership team of the National Care Home Pharmacy Forum. With a deep passion for reducing inequalities, Lilian is dedicated to supporting colleagues, patients and residents, whether they face challenges from immune compromise or sensory differences.

Lilian has had the privilege to teach on the Independent prescribing course at the Royal Marsden NHS Foundation Trust, drawing from her own experiences as an independent prescriber. She has also lectured at Kingston University, sharing insights gained from the MSc in Infection management for Pharmacists from Imperial College London.

With over twenty years hospitals experience, Lilian began her career as a resident and advanced to Critical care, where she encountered the complexities of multidrug resistant infections. This propelled her to specialize in antimicrobial stewardship, focusing on improving safety through better drug chart design and electronic patient records for clearer allergy status, streamlining antimicrobials in line with microbiology results, and enhancing patient comfort by switching from intravenous medicines to sustainable alternatives. Today, she collaborates with colleagues to tackle wicked problems at a system level, including hydration practices.

Janine Lane
Consultant Nurse for Dementia
Consultant Practitioner
Trust Wide Lead for Dementia and Lead for Merton Care Home Team
Central London Community Healthcare Trust

Subject-matter expert for Dementia in the UK and overseas. A Registered General Nurse with 38 years of experience and a Queen's Nurse, she has a first-class BSc Honours degree in Primary Care, an MSc (with distinction) in Dementia Studies, and is an Alumni of King's College, London Pre-Doctoral Fellowship.

Janine received an award from the Queens Nursing Institute in 2024 for leading on an Innovation Programme to Embed Comprehensive Geriatric Assessments into Care Homes to Reduce or Reverse Frailty and Improve Wellbeing.

She has specialised in dementia since 2010, writing a dissertation on improving generalist nurse knowledge of dementia to improve the health and social care journey of those living with dementia. Janine's MSc dissertation is a clinical literature review looking at health and care inequalities for people living with dementia and how the research could influence policy and care pathways.

With board approval, she was responsible for the development of the dementia post at Your Healthcare in 2015. Janine is now a Consultant Nurse for Dementia, Frailty and Care Homes with Central London Community Health, Merton.



Janine is a Visiting Lecturer at the University of Roehampton and the University of Surrey, and a member of a research team at the University College London.

She has been involved in China since 2016 and, as Head of Operations and Training, set up a specialist dementia centre in Shanghai in 2018. She co-founded a family support group in Shanghai in 2018, which currently supports 494 families living with a person who has dementia and was given an award by an NGO in Shanghai in 2019 for Outstanding Voluntary Contribution.

Janine has presented at several international conferences and is published. This includes a Letter to the Editor published in the International Journal of Psychiatry - title: Bridging the gap in implementing non-pharmacological interventions in dementia during the Covid-19 pandemic: What more can we do to implementing individual Cognitive Stimulation Therapy (iCST) in dementia? (2021).

Julie Sanders

Advanced Nurse Practitioner - Merton Care Homes Team Central London Community Healthcare Trust

Julie is an Advanced Nurse Practitioner with the Merton Care Home Team at Central London Community Healthcare (CLCH). She is a Nurse Fellow for Older People, passionate about care of the older person, frailty, and driving up standards of care for older people.

Julie has previously worked as clinical lead in a virtual ward and urgent community response team, a frailty nurse consultant in an acute trust and has a variety of nursing experience in acute and community settings. Quality improvement initiatives have included developing partnership working between an Urgent Community Response team and South East Coast Ambulance Service (nomination for an HSJ integrated working award). Development of a new pathway for older people with frailty in a South West London Emergency Department, reducing acute admissions, time to assessment and time in the department.

Debbie Calver

Deputy Head of Infection Prevention & Control South West London Integrated Care Board

Debbie is an infection prevention and control nurse specialist for South West London ICB. She undertook her nurse training locally at St Helier hospital Carshalton in the 80's and specialised in Maxillo facial surgery upon qualifying. She gained an interest in infection prevention and control whilst taking on the role of IPC champion. She has worked as an IPC Specialist nurse for the last 23 years in a variety of settings including NHS Acute Trusts, independent hospital, hospice, Community and now the ICB.



Briony Sloper

Deputy Director - Health and Care in the Community **NHS England (London Region)**

Briony leads the Health and Care in the Community Programme for the London Region - overseeing a range of operational and improvement programmes that support Londoners to remain at home when they experience a health crisis; avoid unnecessary hospital stays; move through any necessary hospital stay as quickly as possible; come home as soon as it is safe to do so and then stay well at home. These include hospital flow and discharge, community services and urgent community response, enhanced health in care homes and domiciliary care, intermediate care, frailty and proactive care, catheter care transformation and digital transformation across community services and social care.

Briony is a nurse with over 30 years' experience who has spent her career working in London across clinical, operational, quality and improvement roles. Before joining the London region, Briony was the Deputy Director of Nursing and Quality for the London Ambulance Service. Briony has extensive experience of senior operational leadership in urgent and emergency care, quality improvement and delivering whole system transformation programmes. She works closely with health and social care partners including the voluntary sector, local government, care providers, housing, carers leads and patient representatives across London, in all aspects of her role.

Charlotte Trumper

Regional Hydration Project Manager **NHS South West London**

Charlotte Trumper has been a nurse for 22 years. After qualifying, she worked as a cardiothoracic intensive care nurse at St Georges Hospital, before moving to a general ICU Leeds Teaching Hospital Trust. Her next role was as an acute care nurse specialist. She then moved to University Hospital of Coventry and Warwickshire, working as an Acute Kidney Nurse Specialist. In 2020 she moved to a governance role and since 2022 became the Regional Hydration program lead for SW London ICB. She is also the chair for the National Hydration Association.