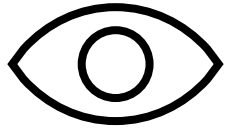


Establishing a Musculoskeletal (MSK) Health Improvement Network for London – a case study



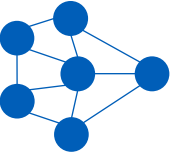



Our vision



- Promote lifelong best musculoskeletal health across all communities
- Sustain delivery of evidence informed personalised high-quality healthcare of value to all

Musculoskeletal (MSK) Health Improvement Network for London – Topic Subgroups

Topic	Problem statement(s)
 <p>Community elective care</p>	<ul style="list-style-type: none">• There is significant variation across London in the time patients are waiting to start definitive treatment (Right care, right setting, right time)
 <p>Work and health</p>	<ul style="list-style-type: none">• People with MSK conditions are less likely to be in work than people with no long-term health condition and are more likely to retire early. Good work reduces poverty and health inequalities
 <p>Learning, development and collaboration</p>	<ul style="list-style-type: none">• The non-MSK workforce needs confidence and skills to advise and help support self-management• The MSK workforce needs to develop competencies to serve population needs and retain staff• The MSK network needs a space to collaborate, share ideas and best practice, and provide a community of practice
 <p>Bone health</p>	<ul style="list-style-type: none">• There is significant variation across London in health outcomes for people with, or likely to have, sub-optimal bone health (e.g. fragility fractures, risk of falls, adherence to bone-sparing medication, low physical activity, poor diet)

Musculoskeletal (MSK) Health Improvement Network for London – Topic Subgroups

Workstreams

Future development



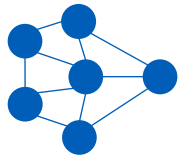
Community elective care

- *NHSE Regional* programme supporting ICBs



Work and health

- *OHID* leading community of practice across London



Learning, development and collaboration

- Non-MSk Health professionals training in delivering physical activity advice *delivered by partner organisation*
- MSk professional training *delivered by HIN + sponsors?*
- *Regional Personalised Care Team* training events
- *ARMA* Collaboration Platform



Bone health

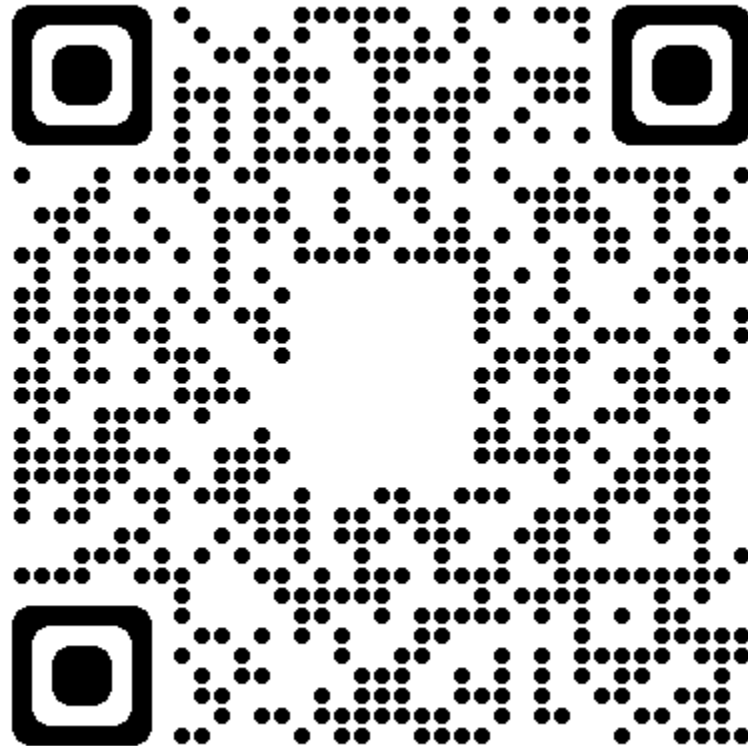
- *Royal Osteoporosis Society* event for ICBs and Emergency Departments (to discuss)

Local Services Project (England)

- ARMA is encouraging local systems work to improve their MSK services and support in line with the principles of Best MSK Health:
 - A system wide approach including primary, secondary and community services
 - Co-production – involving people with lived experience and those who use MSK services in decision making.
 - Tackling health inequalities as part of the work
- ARMA has developed an online resource, using Trello, for people to share information and resources about MSK service improvement

Local Services Project (England)

<http://arma.uk.net/msk-services/local-services-project-england/>



Musculoskeletal (MSK) Health Improvement Network for London – Workstreams

Workstream

Potential topics



Community elective care

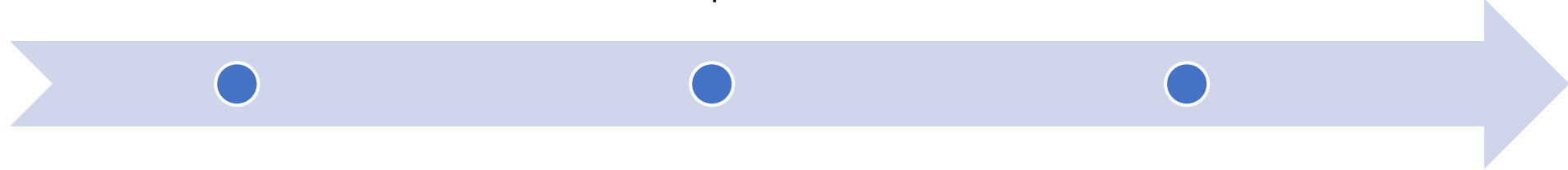
- PIFU for community services
- Self-referral support
- Waiting well support
- MSK triage services
- MSK-secondary care MDTs
- FCP support and governance
- Community services data collection (enabler)
- Mutual aid for community services
- Pathway implementation for high volume conditions
- Expanding the workforce

Establishing a Musculoskeletal (MSK) Health Improvement Network for London

Establishing a regional MSK health improvement network has...

raised the profile of the burden of MSK problems and health inequalities...

to support ICSs to **deliver lifelong** best MSK health across all communities



Clinical leads

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