

Start Well, End Well

-keeping connected

Once upon a time we held a development day for Band 6 nurses, inspiring them to use an approach call Start Well, End Well (SWEW).



NHS
North Bristol
NHS Trust

Start well → **End well**

3 STEP TEAM PROCEDURE



The nurses enjoyed it so much and expressed how they would like to stay connected as a group

One day an opportunity came up to learn about Communities of Practice (CoP) and I and the team thought this may be a great way to enable that connection.



Although a nice idea, our challenge was more waves of Covid and staff shortages which made this a challenge to get off the ground. We tried to make it work and really didn't want t give up.

UNTIL FINALLY we agreed we would pause this idea for now. However having learnt some amazing lessons from the course and inspired by the CoP's of peers, I am channelling my ideas into new possibility. This time I am ensuring just enough thought and planning is put it, but not waiting too long to 'test' the idea with those who will benefit from it and not do it alone! Fingers Crossed!