

# HIN 2023 CVD Fellowship Data and Searches

Welcome! Please introduce  
yourself in the chat

Tuesday 21<sup>st</sup> August 2023

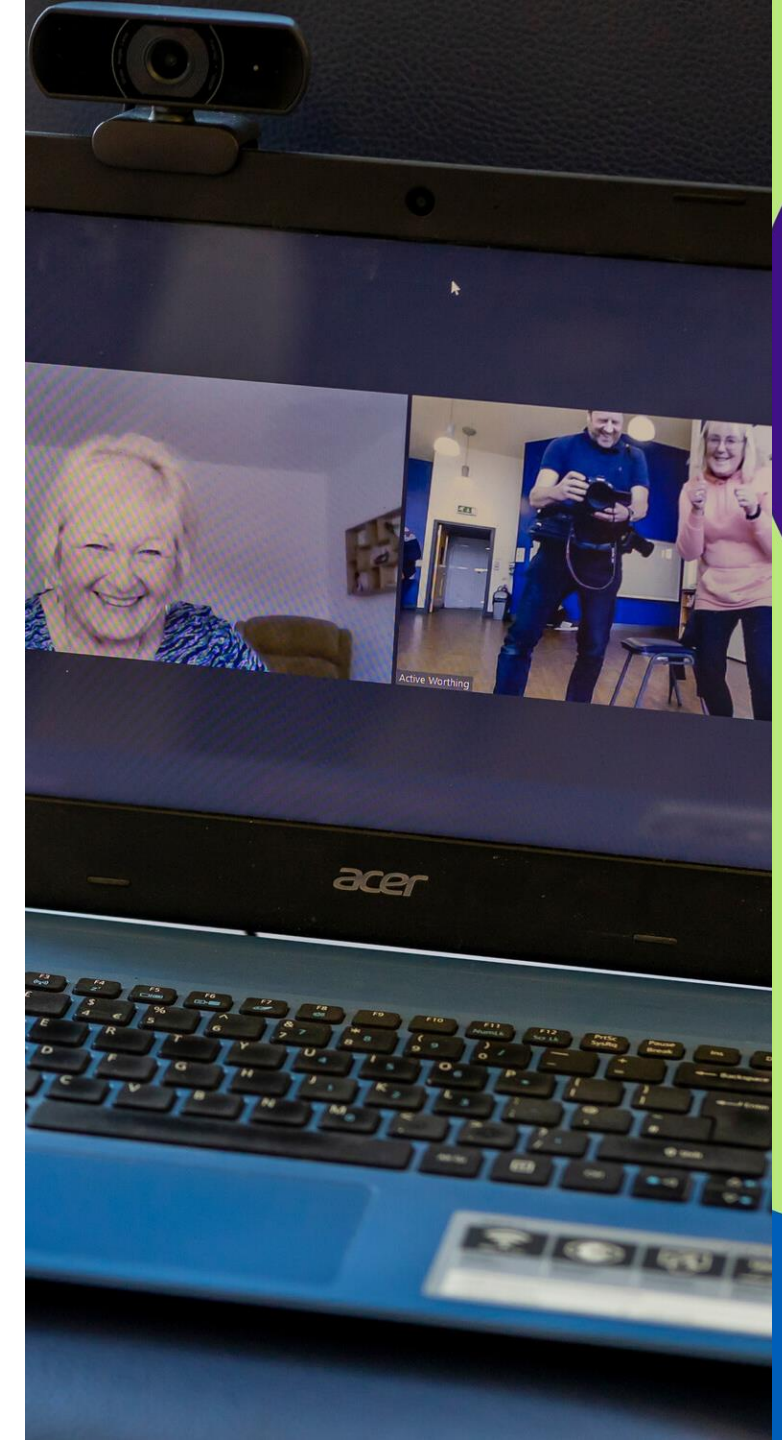
 @HINSouthLondon

 [healthinnovationnetwork.com](https://healthinnovationnetwork.com)

# Housekeeping

- Please keep your microphone on mute when you're not speaking
- We will be recording today's session and for anyone who isn't able to join and other HIN Fellows
- Feel free to use the chat for any questions

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# Agenda

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1. Welcome – Kristina Leonnet
2. UCLP Frameworks and Searches – Dr. Deep Shah, UCLPartners
3. Other data sources
4. 2022 Fellow experience – Faiza Usami
5. What next, and Wrap Up

# Quality Improvement Project – First Steps

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- Chosen clinical area –
  - Hypertension
  - CKD
  - Atrial Fibrillation
  - Lipids including FH
  - Heart Failure \*Note new project option\*
- **If you haven't chosen yours or are looking to change – need to do this by in person event 8<sup>th</sup> of September & let us know**

# 01

## UCLP Frameworks and Searches

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Dr Deep Shah



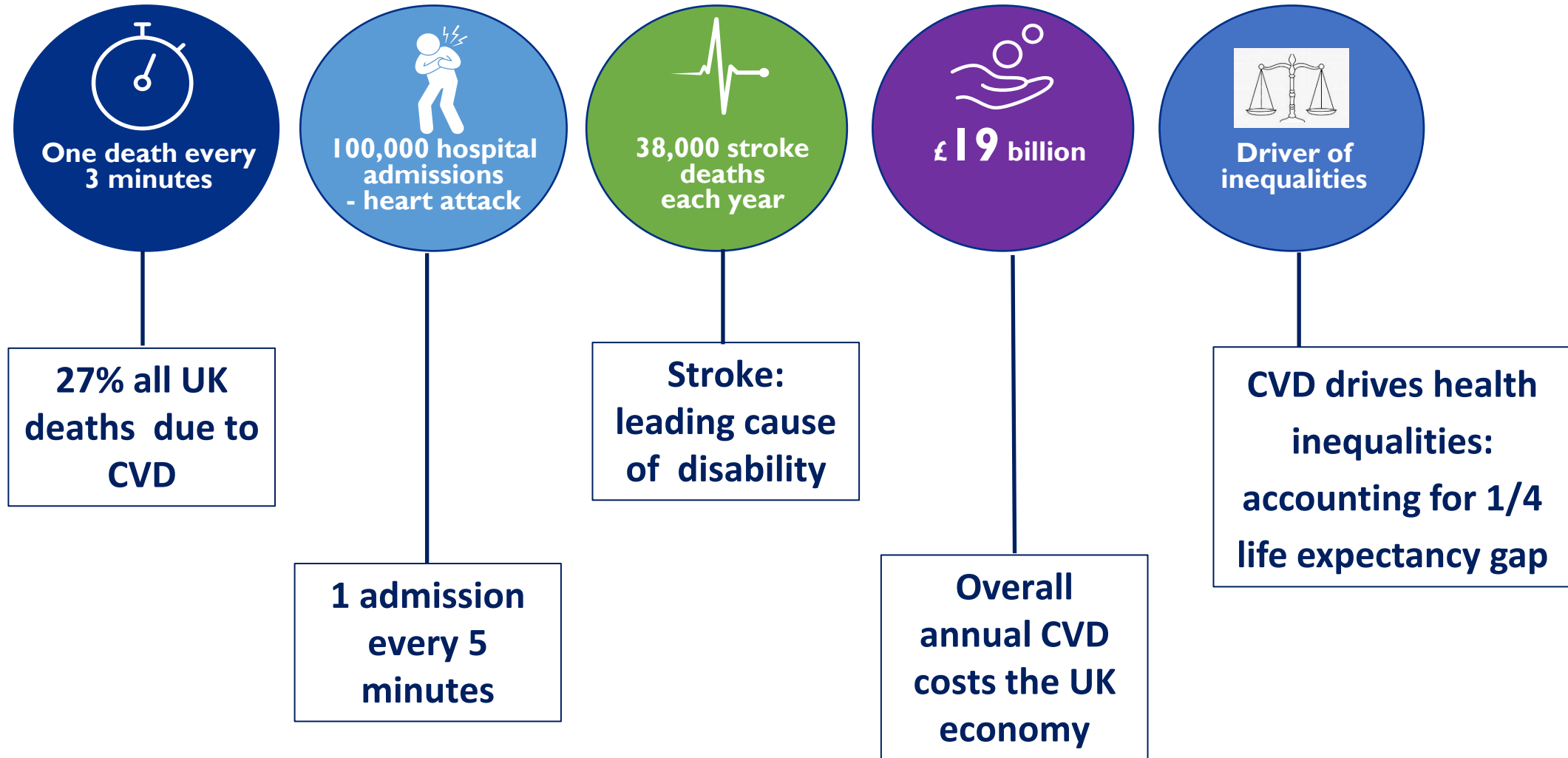
## UCLPartners Proactive Care Framework for Hypertension

Doing things differently and at scale in primary care

  
**UCLPartners**

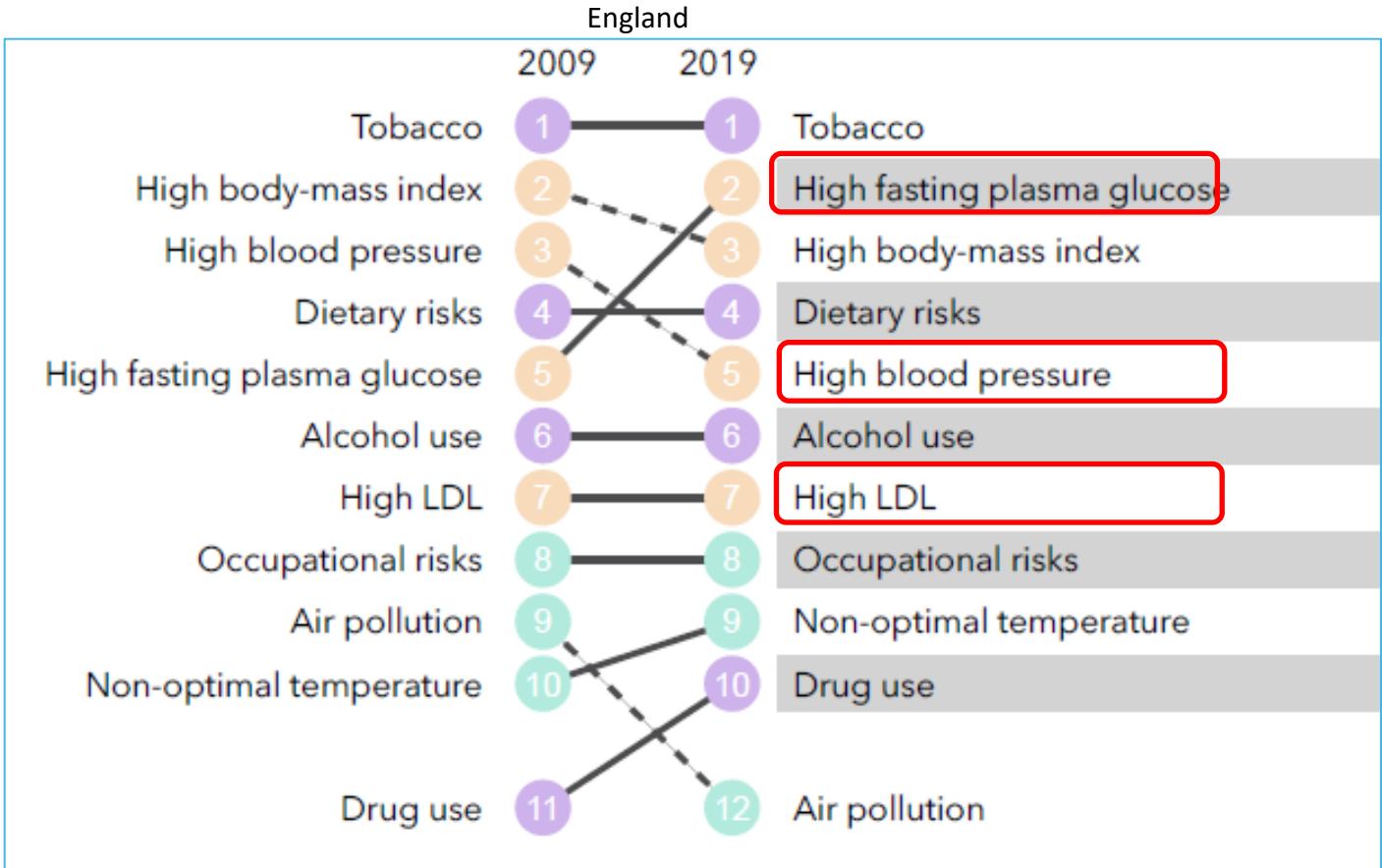


# Cardiovascular Disease Prevention – A National and Local Priority



**But CVD is highly preventable...**

# Risk factors that drive most premature death and disability\*

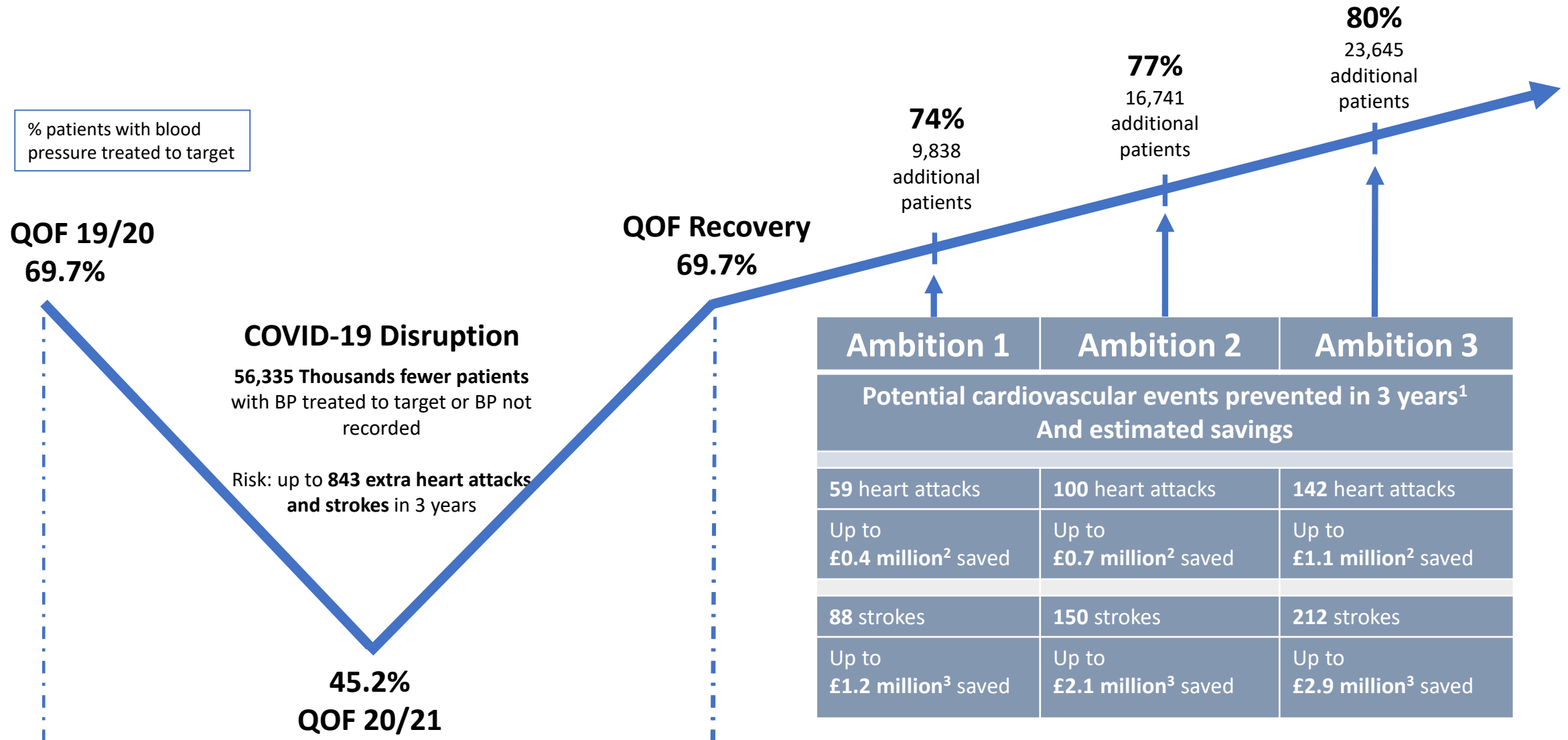


Treatment of high impact risk factors for CVD is very effective at preventing mortality and morbidity. But under detection and under treatment is common.

\*Global Burden of Disease Study 2019



# Size of the Prize – Our Healthier South East London BP Optimisation to Prevent Heart Attacks and Strokes at Scale



## References

- Public Health England and NHS England 2017 Size of the Prize
- Royal College of Physicians (2016). Sentinel Stroke National Audit Programme. Cost and Cost-effectiveness analysis.
- Kerr, M (2012). Chronic Kidney disease in England: The human and financial cost

## Modelling

Data source: NCVIN 2021. Briefing note: QOF 2020/21 Management of hypertension – HYPALL metric (HYP003 + HYP007). Potential events calculated with NNT (theNNT.com). For blood pressure, anti-hypertensive medicines for five years to prevent death, heart attacks, and strokes: 1 in 100 for heart attack, 1 in 67 for stroke.

# The Challenge: COVID-19 disruption and historical lack of capacity in primary care



## Real World Primary Care:

- Complexity, multimorbidity and time pressures
- Soaring demand and shifting priorities
- Imminent winter pressures



## Pandemic impact:

- Disruption of routine care in long term conditions
- Risk of poorer outcomes for patients and health inequalities
- An increase in health care demand



## Historical challenge in long term condition care

- Late diagnosis, suboptimal treatment, unwarranted variation
- Lack of self management support
- Holistic care not always provided

### Aim

To improve care and free up capacity

### Objectives

1. Support GPs to safely manage workflow and release capacity
2. Identify patients whose care needs optimising and start with those at highest risk
3. Systematic delivery of holistic proactive care by wider primary care workforce

### Framework components

1. Systematic risk stratification & prioritisation tools
2. Locally adaptable resources to guide real world management of long-term conditions
3. Systematic use of wider primary care team (including ARRS roles) to deliver:
  - Structured proactive care
  - Structured support for education, self-management and behaviour change

### Framework Development

1. Led by primary care clinicians
2. Based on NICE guidelines and clinical consensus
3. Patient and public support

**Healthcare Assistants/Health & Wellbeing Coaches and other trained staff**

**Self management e.g.** Education (signposting online resources), self care (eg BP measurement, foot checks, red flags), signpost shared decision-making resources (eg statins, anticoagulants)  
**Behaviour change e.g.** Brief interventions and signposting e.g. smoking, weight, diet, exercise, alcohol  
**Support holistic care** Identify wider needs and signpost to eg social prescriber, care coordinator  
**Gather information e.g.** Up to date bloods, BP, weight, smoking status, run risk scores: QRISK, ChadsVasc, HASBLED

**Risk Stratification & Prioritisation**

**Atrial Fibrillation**

**Blood Pressure**

**Cholesterol**

**Diabetes**

**Prescribing Clinician**

**Optimise therapy and mitigate risk**

1. Review blood results, risk scores & symptoms
2. Initiate or optimise therapy
3. Check adherence and adverse effects
4. Review complications and co-morbidities
5. CVD risk – BP, cholesterol, pre-diabetes, smoking, obesity



The banner features a dark blue background with a light blue curved top-left corner. In the top-left corner, the UCLPartners logo is displayed above the text '← Main website'. The main text on the left reads 'Proactive care frameworks' in large white font, followed by a paragraph: 'We have developed a series of proactive care frameworks to support primary care teams to manage patients with cardiovascular and respiratory long-term conditions.' On the right, a large heart shape is formed by a grid of white horizontal lines, with a solid green heart outline in the center. The bottom of the banner has a light blue horizontal bar.

UCLPartners  
← Main website

## Proactive care frameworks

We have developed a series of proactive care frameworks to support primary care teams to manage patients with cardiovascular and respiratory long-term conditions.

[www.uclpartners.com/proactive-care](http://www.uclpartners.com/proactive-care)

## Discover support available to help with:



### Search and risk stratification

Tools that can be used with EMIS (and SystemOne to follow), accompanied by user guidance. **View and download our search and risk stratification tools.**



### Workforce education and training

Including protocols, guidance, videos and virtual training sessions to upskill the breadth of primary care team members to proactively support patients.



### Digital resources

A selection of a clinically appraised digital resources to support patient activation and self-management in the home setting.

<https://uclpartners.com/our-priorities/cardiovascular/proactive-care/>

## Search and risk stratification tools



CVD resources



Join the Proactive Care mailing list



## Search and risk stratification tools

Please complete the form below to access the following tools:

- **UCLPartners Proactive Care Search and Stratification tools** – These tools support the Proactive Care Frameworks. Please select search tools required.
- **UCLPartners Long Term Conditions Recovery Search and Stratification tools** – These tools support the [June 2022 RCGP Guidance on Long Term Condition Recovery](#) and were commissioned by [NHS @home](#) as part of its broader work to support long term condition recovery.

The tools have been developed by our clinical team, working with the [Clinical Effectiveness Group](#) based at Queen Mary University of London. The search criteria draw on national guidance.

- [Supporting resources](#)

Salutation



Search and risk stratification tools →

CVD resources →

Join the Proactive Care mailing list →

## Introduction

Cardiovascular disease (CVD) contributes to a quarter of all deaths in people under the age of 75 and accounts for a quarter of the life expectancy gap between the rich and poor.

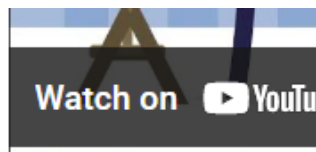
The [NHS Long Term Plan](#) sets the ambitious target of preventing 150,000 cases of heart attacks, strokes, and dementia over ten years, optimising the detection and management of atrial fibrillation, high blood pressure and high cholesterol.

Our Proactive Care Frameworks provide a platform for optimising clinical care and self-care for people with these high-risk conditions, supporting primary care teams to do things differently and at scale.

The following slide packs include pathways and resources to support clinicians treating patients with single or multiple cardiovascular conditions.

- [Atrial Fibrillation](#)
- [Hypertension](#)
- [Lipid management including Familial Hypercholesterolaemia](#)
- [Type 2 diabetes](#)

## Protocols



This video was created in Punjabi, Bengali, Kurdish Sorani, and the full playlist.

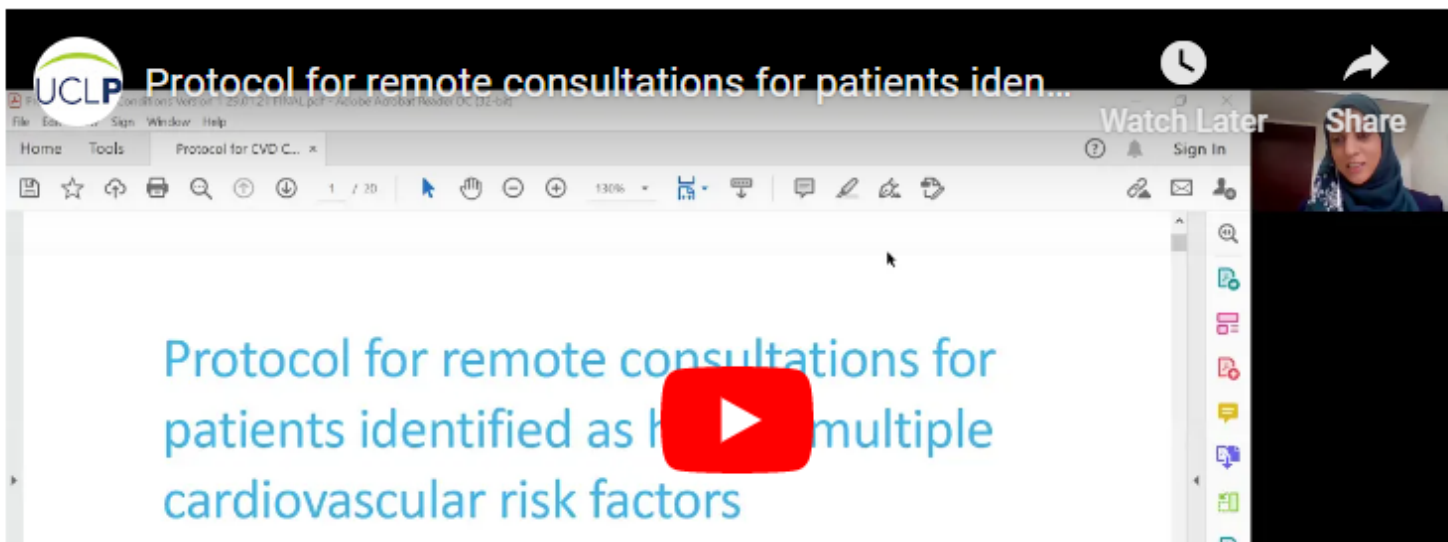
The following protocols (suggested wording) to guide consultations could be used by Health Care Assistants (HCA), social prescribers, pharmacy technicians, physician associates or health and wellbeing advisors, depending on what workforce is available in your practice or PCN.

These are relevant to all of the conditions and can support management of low, medium and high risk categories.

- Patients identified as having multiple cardiovascular risk factors
- Type 2 Diabetes

The videos below goes through each protocol in detail and how to use them.

Education, training and resources to support self-management and behaviour change



# Hypertension: stratification and management

Healthcare assistants/ARRs roles  
e.g. social prescribers

**Gather information e.g.** Up to date bloods, BP, weight, smoking status, run QRISK\* score

**Self management e.g.** Education (blood pressure, CVD risk), self care (e.g. BP measurement), sign post self care resources

**Behaviour change e.g.** Brief interventions and signposting e.g. smoking, weight, diet, exercise, alcohol

Stratification &  
Prioritisation

## Priority One

BP  
>180/120mmHg\*\*

## Priority Two

2a. BP >160/100mmHg\*\*

2b. BP >140/90mmHg\*\* if  
BAME AND CV risk factors  
or co-morbidities\*

2c. No BP reading in last 18  
months

## Priority Three

3a. BP >140/90mmHg\*\*  
if BAME OR CV risk  
factors or  
comorbidities\*

3b. BP >140/90mmHg\*\*  
or >150/90mmHg\*\* if  $\geq$   
80 years

## Priority Four

4a. BP <140/90mmHg\*\*  
under age 80 years

4b. BP <150/90mmHg\*\* aged  
 $\geq$  80 years

Prescribing Clinician

## Optimise anti-hypertensive therapy and CVD risk reduction

1. Review: blood results, risk scores & symptoms
2. Check adherence and adverse effects
3. Review complications and co-morbidities
4. Initiate or optimise blood pressure medication
5. CVD risk – optimise lipid management and other risk factors

## Example modelling (One London borough)

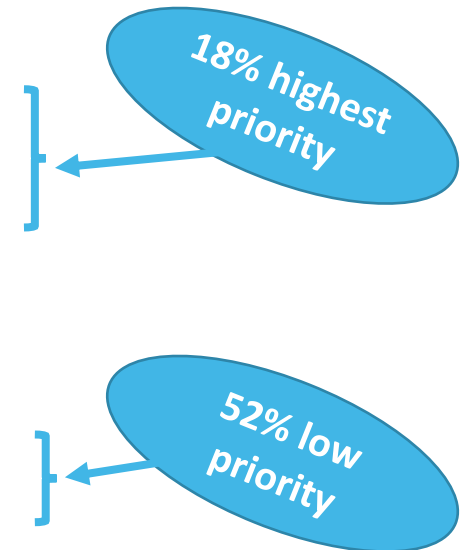
- Informs workflow and workforce planning
- Helps GPs meet QOF and other targets
- Shift between priority groups over time shows clinical impact

### Borough level searches

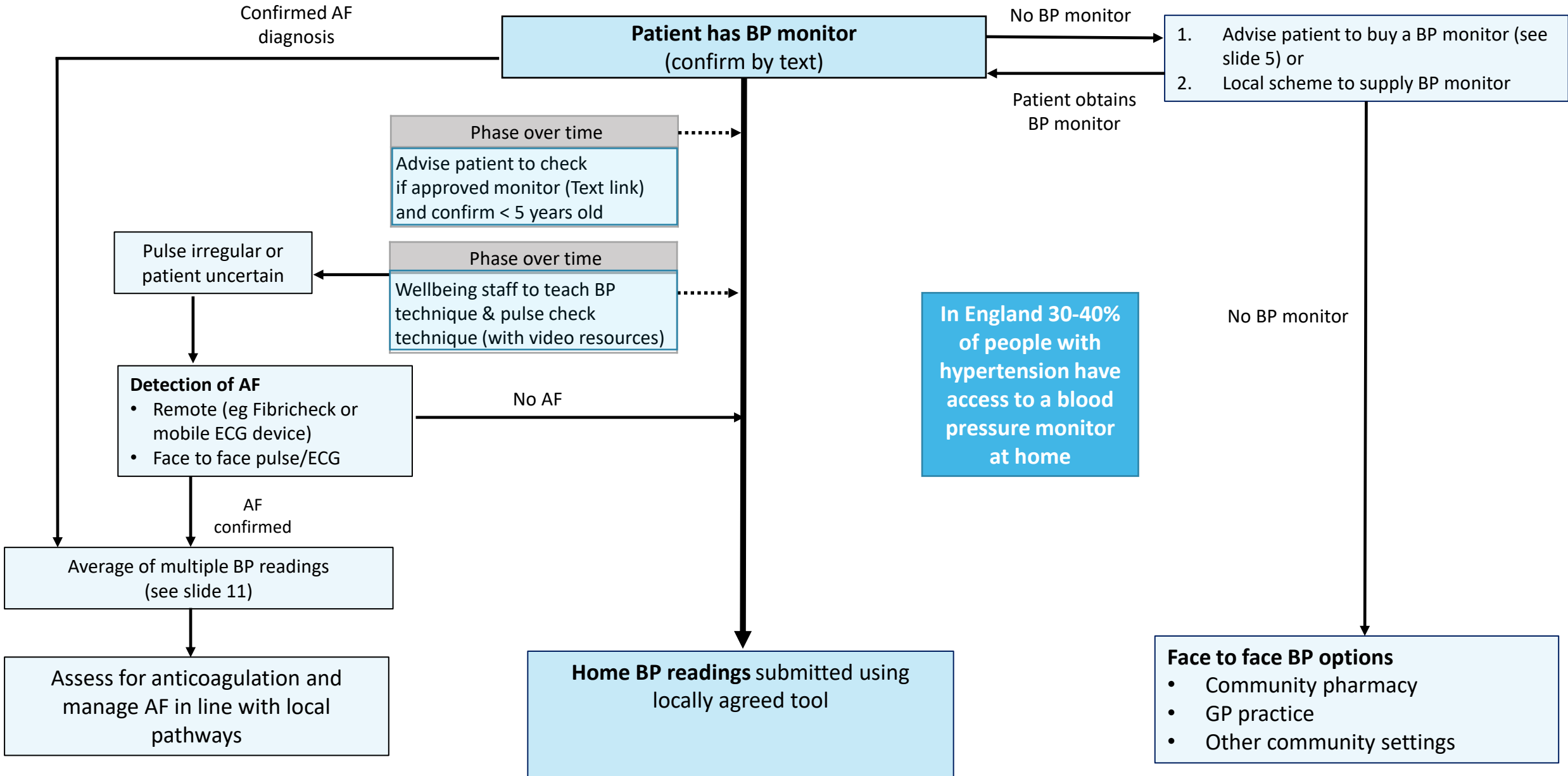
Total Population: ~446,000

Hypertension: 40,155

Priority Group	Definition	No. of patients	%
<b>PRIORITY 1</b>	Clinic BP $\geq 180/120$ mmHg	541	1%
<b>PRIORITY 2a</b>	Clinic BP $\geq 160/100$ mmHg	2,756	7%
<b>PRIORITY 2b</b>	Clinic BP $\geq 140/90$ mmHg and BAME + additional CV risk factor	3,827	10%
<b>Priority 2c</b>	No BP reading in last 18 months	5,902	15%
<b>Priority 3a</b>	Clinic BP $\geq 140/90$ mmHg BP if BAME or CVD, CKD, diabetes	3,818	10%
<b>Priority 3b</b>	BP $\geq 140/90$ mmHg - all other patients	2,347	6%
<b>Priority 4a</b>	BP $< 140/90$ mmHg (under 80 years)	18,013	45%
<b>Priority 4b</b>	BP $< 150/90$ mmHg (80 years and over)	2,951	7%



# Home Blood Pressure Monitoring Pathway



### Blood Pressure Monitors

Find out more about the latest in blood pressure monitoring technology




**Filter**

Brand

- Omron
- Datascope
- A&A Medical

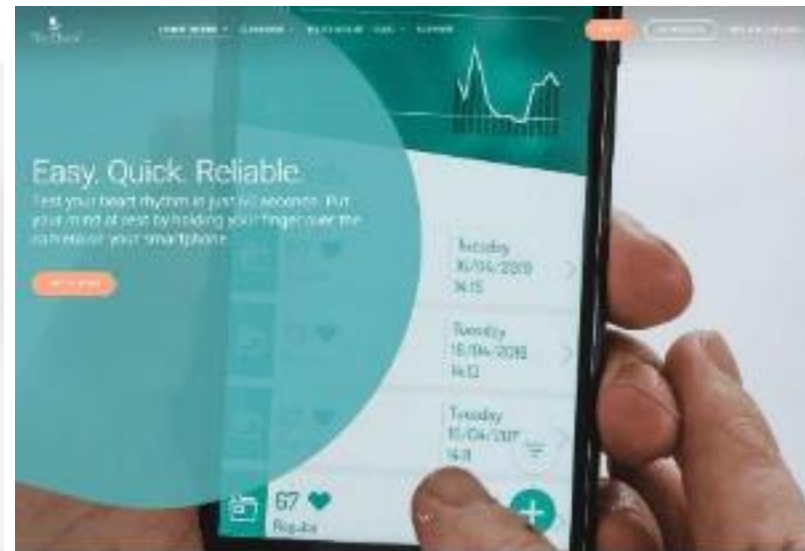
Price

- £0.00 - £50.00
- £50.00 and above

 <p>BP41 Basic Blood Pressure Monitor £25.00 <a href="#">Add to basket</a></p>	 <p>OMRON HJ 504c Basic Blood Pressure Monitor £25.00 Out of stock</p>	 <p>A&amp;A 4111 Basic Blood Pressure Monitor £10.00 <a href="#">Add to basket</a></p>
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KardiaMobile



Resources to support remote management



<b>Modification</b>	<b>Recommendation</b>	<b>Approximate Systolic Blood Pressure Reduction (mm Hg)<sup>a</sup></b>
<b>Weight loss</b>	Maintain normal body weight	5–20 per 10-kg weight loss
<b>DASH-type diet*</b>	Consume a diet rich in fruits, vegetables, and low-fat dairy products with reduced saturated and total fat	8–14
<b>Reduced salt intake</b>	Reduce daily dietary sodium intake	2–8
<b>Physical activity</b>	Regular aerobic physical activity (at least 30 min/day, most days of the week)	4–9
<b>Moderation of alcohol intake</b>	Limit consumption to 2 drinks/day in men and 1 drink/day in women and lighter-weight persons	2–4

\*DASH, Dietary Approaches to Stop Hypertension. Effects of implementing these modifications are time and dose dependent and could be greater for some patients.

Vooradi S, Mateti UV. A systemic review on lifestyle interventions to reduce blood pressure. J Health Res Rev [serial online] 2016 [cited 2021 Apr 27];3:1-5.

Available from: <https://www.jhrr.org/text.asp?2016/3/1/1/173558>

**In monotherapy, most drugs achieve systolic BP reductions of ~ 10 to 15 mmHg**

[https://journals.lww.com/md-journal/Fulltext/2016/07260/Treatment\\_efficiency\\_of\\_anti\\_hypertensive\\_drugs\\_in.16.aspx](https://journals.lww.com/md-journal/Fulltext/2016/07260/Treatment_efficiency_of_anti_hypertensive_drugs_in.16.aspx)



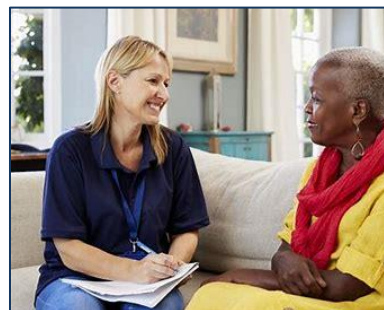
# Wider Workforce to Support Proactive Care

## The wider workforce consists of:

- Healthcare assistants
- Health and Wellbeing Coaches
- Pharmacy Technicians
- Social Prescribing Link Workers
- Care Coordinators
- Nursing Associates

## As well as...

- Physician Associates
- Clinical Pharmacists
- First Contact Physiotherapists
- Dieticians
- Podiatrists
- Occupational therapists
- Mental Health Practitioners





## Protocol for remote consultations for patients identified as having multiple cardiovascular risk factors

Guide for healthcare assistants and other appropriately trained staff for contacting patients with raised cholesterol, type 2 diabetes, hypertension and/or atrial fibrillation.

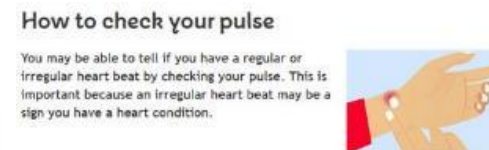
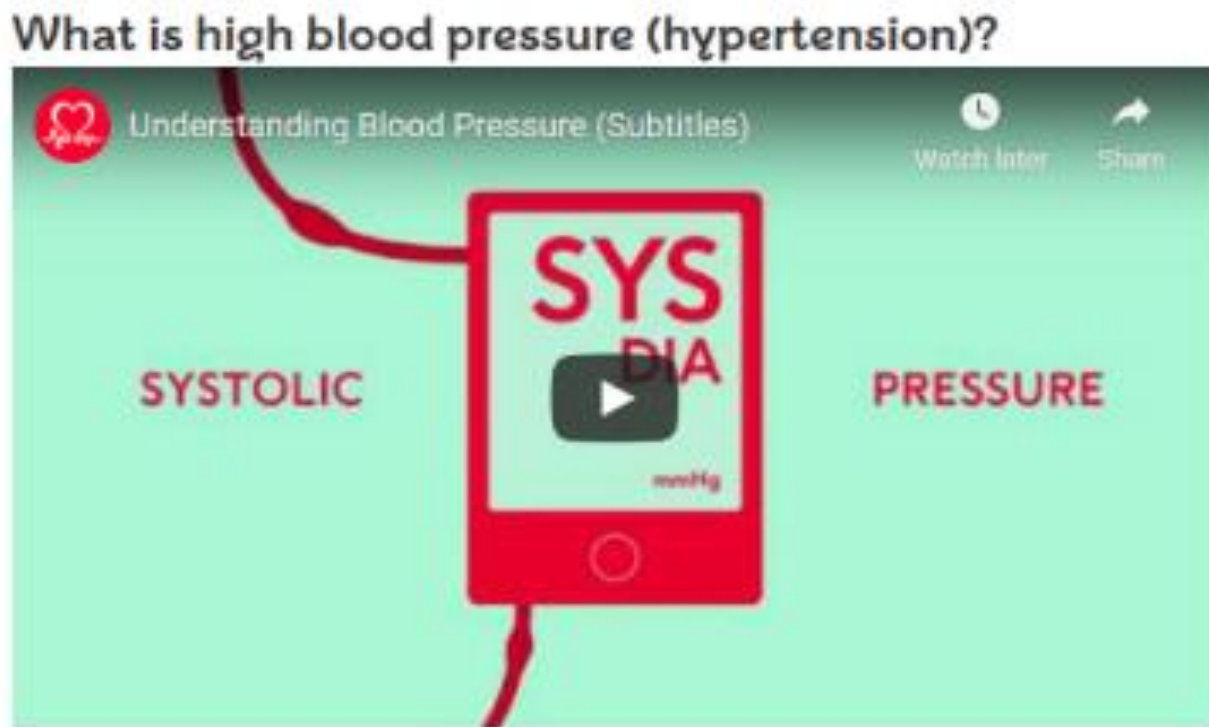
Guidance and resources for staff such as healthcare assistants, wellbeing coaches, and others delivering:

- Education
- Self management support
- Brief interventions for behaviour change e.g. smoking cessation, weight management

## Why Utilise the Wider Workforce

- Utilising a wider workforce is part of the 2019 NHS Long Term Plan.
- Assigning specific tasks to other members of the primary care team ensures GPs and other prescribing clinicians can focus on providing high quality clinical care.
- With appropriate training, these roles will have more time to provide:
  - Personalised care
  - Support education/self-management/behaviour change
  - Address patients' wider concerns, signposting to relevant clinical staff where necessary.

# Resources for patients – supporting education and self-management



**Find out about cholesterol**



**What is cholesterol?**

Cholesterol is a lipid for which also a vital role in how all of our cells work, it's also needed for digestion, to make Vitamin D, and to make hormones which keep your bones strong. Learn more.



**Having high cholesterol**

Too much cholesterol in the blood can lead to diseases of the heart and blood vessels. High cholesterol can be caused by Men's but can also be inherited, and most people don't know they have it.



**Cholesterol tests and results**

Anyone can have high cholesterol, even if you're young, slim and otherwise healthy. You can't feel it, so the only way to find out your cholesterol level is to get a cholesterol test.



**Reduce your cholesterol**

Our experts answer the 5 most common questions to help you reduce your cholesterol.

# Resources to support behaviour change

Home > For Your Body

**ONE YOU**

How Are You? quiz | Check your health | **Quit smoking** | Drink less | Eat better | Move more

## QUIT SMOKING

Stopping smoking is one of the best things you'll ever do for your health. Get started with free expert support, stop smoking aids, tools and practical tips.

Home > For Your Body

**ONE YOU**

How Are You? quiz | Check your health | Quit smoking | Drink less | **Eat better** | Move more | Lose weight

## EAT BETTER

What you eat, and how much, is so important for your health and your waistline. Try these easy ways to eat better every day.

### EASY MEALS APP

Our free Easy Meals app is a great way to eat foods that are healthier for you. Search recipes by meal time and create shopping lists.

Get the Easy Meals app

Home > For Your Body

**ONE YOU**

How Are You? quiz | Check your health | Quit smoking | Drink less | Eat better | **Move more**

## MOVE MORE

Moving is good for your body and mind. Try these easy ways to move more every day.

Home

**Better health every mind matters**

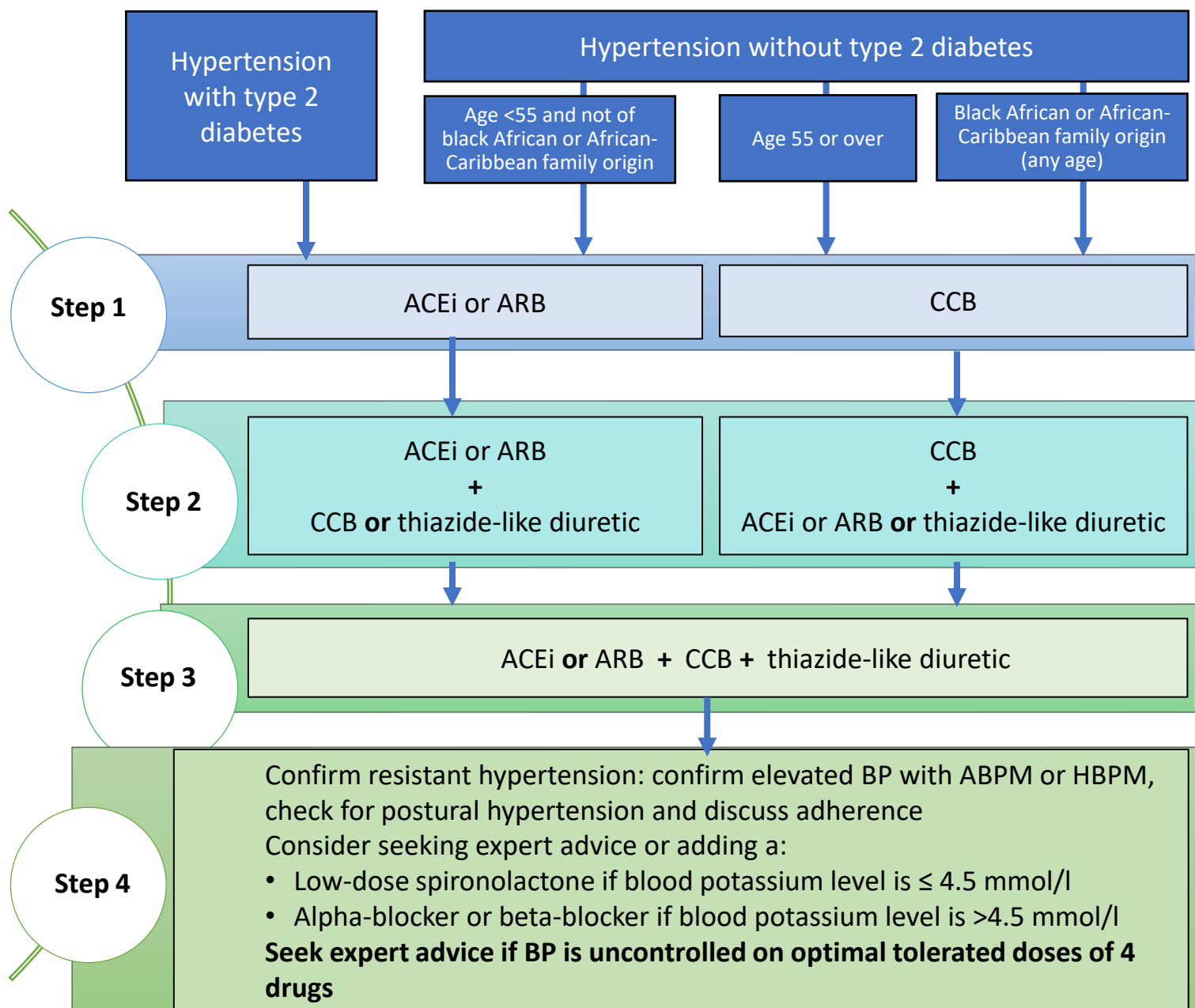
Your Mind Plan quiz | Parents | Youth | Anxiety | Low mood | Stress | Sleep | Urgent

## Every Mind Matters

### Looking after your mental health

Having good mental health helps us relax more, achieve more and enjoy life. Get advice and practical tips to help you look after your mental health and

# NICE Hypertension Treatment Pathway (NG136)



Use clinical judgement for people with frailty or multimorbidity

Offer lifestyle advice and continue to offer it periodically

**Monitoring treatment**

Use clinic BP to monitor treatment  
 Measure standing and sitting BP in people with:

- Type 2 diabetes or
- Symptoms of postural hypotension or
- Aged 80 and over

Advise people who want to self monitor to use HBPM. Provide training and advice

Consider AMPM or HBPM, in addition to clinic BP, for people with white-coat effect or masked hypertension

**BP targets**

Reduce and maintain BP to the following targets:

Age <80 years:

- Clinic BP  $<140/90$  mmHg
- ABPM/HBPM  $<135/85$  mmHg

**Postural hypotension:**

- Base target on standing BP

**Frailty or multimorbidity:**


- Use clinical judgement

Pathway adapted from NICE Guidelines (NG136) Visual Summary  
<https://www.nice.org.uk/guidance/ng136/resources/visual-summary-pdf-6899919517>  
 Abbreviations: ACEi: ACE inhibitor, ARB: Angiotensin II Receptor Blocker, CCB: Calcium Channel Blocker, ABPM: Ambulatory Blood Pressure Monitoring, HBPM: Home Blood Pressure Monitoring



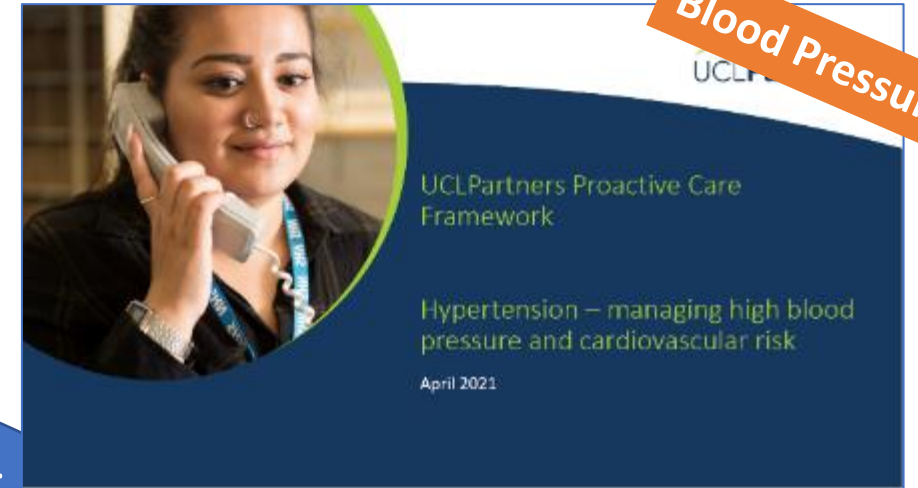
# Resources for clinicians – supporting co-morbidity management

Atrial Fibrillation



UCLPartners Proactive Care Framework:  
Atrial Fibrillation – managing AF and cardiovascular risk  
April 2021

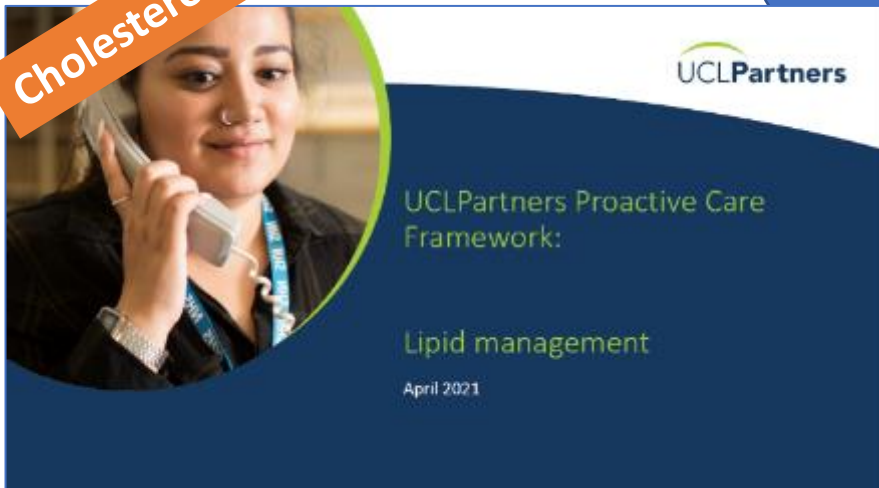
Blood Pressure



UCLPartners Proactive Care Framework:  
Hypertension – managing high blood pressure and cardiovascular risk  
April 2021

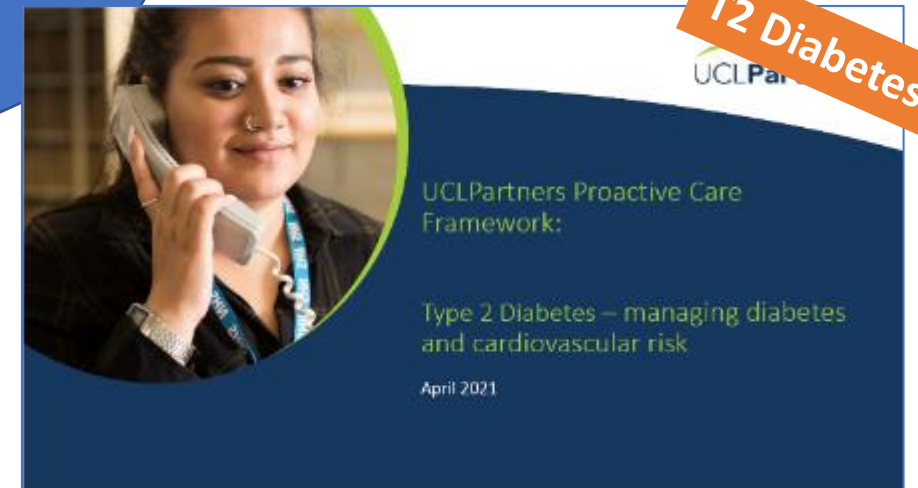
BP & Lipid management included in pathways for AF, BP, cholesterol and T2 Diabetes

Cholesterol



UCLPartners Proactive Care Framework:  
Lipid management  
April 2021

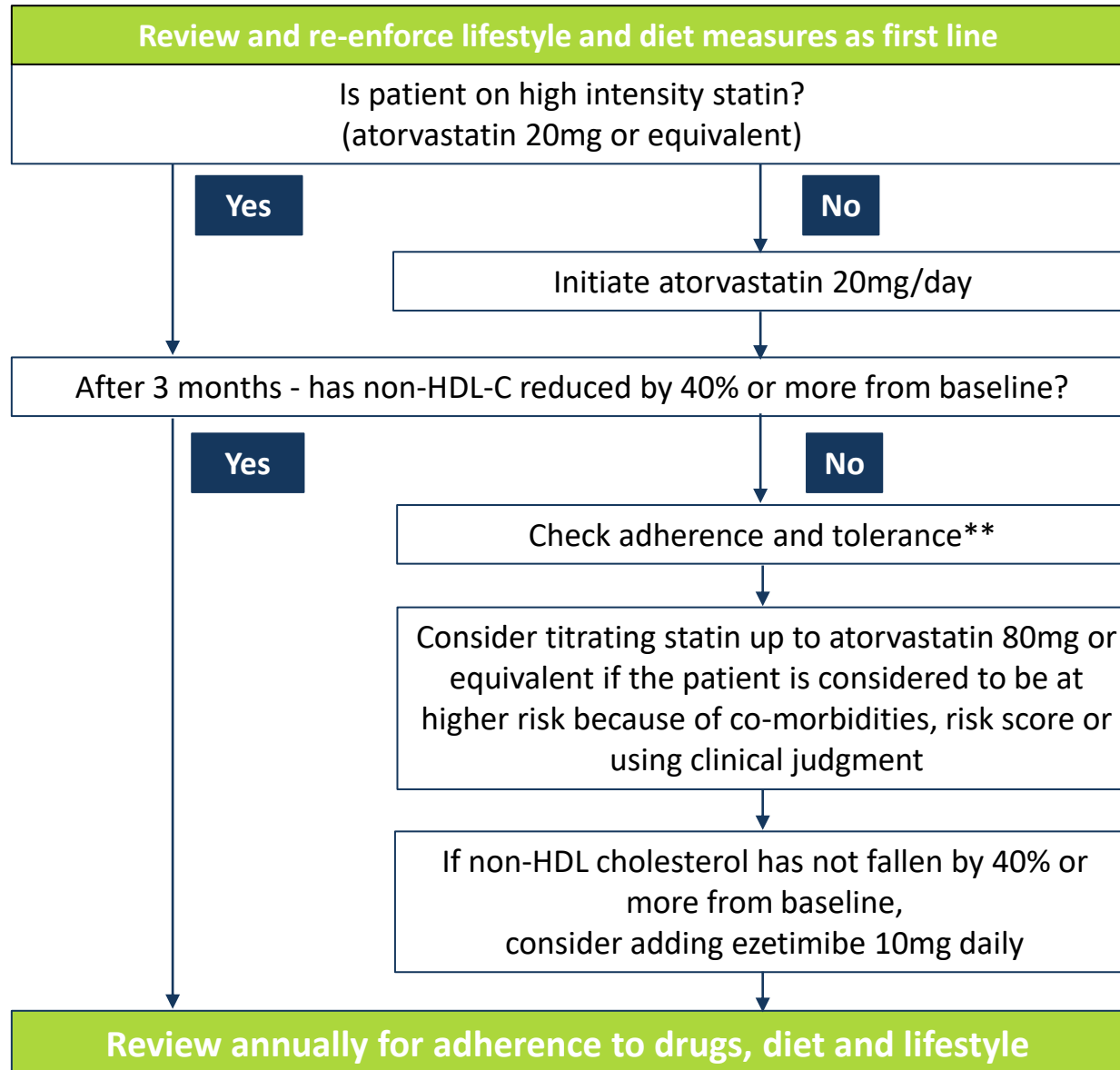
T2 Diabetes



UCLPartners Proactive Care Framework:  
Type 2 Diabetes – managing diabetes and cardiovascular risk  
April 2021



# Optimisation Pathway for Patients with High Cardiovascular Risk\* – Primary Prevention



Optimal High Intensity statin for Primary Prevention (High intensity statins are substantially more effective at preventing cardiovascular events than low/medium intensity statins)

Atorvastatin	20mg
Rosuvastatin	10mg





\* High cardiovascular risk:

- QRisk >10% in ten years
- CKD 3-5
- Type 1 Diabetes for >10 years or over age 40

\*\* If statin not tolerated, follow [statin intolerance pathway](#) and consider [ezetimibe](#) 10mg daily +/- [bempedoic acid](#) 180mg daily

# Statin Intensity Table – NICE recommends Atorvastatin and Rosuvastatin as First Line

Approximate Reduction in LDL-C					
Statin dose mg/day	5	10	20	40	80
Fluvastatin			21%	27%	33%
Pravastatin		20%	24%	29%	
Simvastatin		27%	32%	37%	42%
Atorvastatin		37%	43%	49%	55%
Rosuvastatin	38%	43%	48%	53%	
Atorvastatin + Ezetimibe 10mg		52%	54%	57%	61%

-  **Low/moderate intensity statins** will produce an LDL-C reduction of 20-30%
-  **Medium intensity statins** will produce an LDL-C reduction of 31-40%
-  **High intensity statins** will produce an LDL-C reduction above 40%
-  **Simvastatin 80mg** is not recommended due to risk of muscle toxicity

# Shared Decision-Making Resources

Benefits per 10,000 people taking statin for 5 years	Events avoided
Avoidance of major CVD events in patients with pre-existing CVD & a 2mmol/l reduction in LDL	1,000
Avoidance of major CVD events in patients with no pre-existing CVD & a 2mmol/l reduction in LDL	500

Adverse events per 10,000 people taking statin for 5 years	Adverse events
Myopathy	5
Haemorrhagic Strokes	5-10
Diabetes Cases	50-100

Shared decision-making resources:

- [BHF information on statins](#)
- [Heart UK: Information on statins](#)
- [NICE shared decision-making guide](#)

1. Comprehensive search & stratification tools for EMIS and SystemOne
2. Protocols for HCA and similar roles to provide structured support for patient education, self management and behaviour change
3. Slide sets for clinicians – focus on the *how to* of optimising clinical management in real world primary care
4. Workforce training framework
5. Implementation guidance
6. Case studies
7. Digital resources for staff and patients
  - Understanding your condition
  - How to ..... check your BP, check your feet, identify red flags etc
  - New technologies eg Healthy.io, fibricheck
  - Brief interventions eg smoking, diet, activity
  - Videos – eg running the search tools

[www.uclpartners.com/proactive-care/](http://www.uclpartners.com/proactive-care/)

# 02

## Other Data Sources

Kristina Leonnet

## Your Project

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- What clinical area is your project focusing on?
  - Hypertension
  - Lipids
  - FH
  - CKD - CVD Prevention
  - AF
  - Heart Failure \*note new project option\*
  - Not sure as yet

Please fill in the quick survey or if can't access this, put in the chat

## Data sources

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- Data to help you in choosing your project's focus area
  - HIN Fellowship Data Dashboard
  - BHF data
  - CVD Prevent
  - HIN Protected Characteristics Dashboard
  - QOF data





# High Blood Pressure - a British Heart Foundation Resource - ICS report

## South East London

E54000030 - 199 practices  
no change from final STP geography

### Did you know...?

28%

of adults in the UK have high blood pressure (HBP; hypertension)

...that's 15 million adults



...at least half are not receiving effective treatment and millions are likely to be undiagnosed

### Around HALF



of heart attacks and strokes in the UK are associated with high blood pressure

High blood pressure is the leading modifiable risk factor for heart and circulatory diseases (CVD) in the UK

#1

Refs (this column): latest health surveys (NHS Digital, Scottish Government) & BHF estimates; Global Burden of Disease (GBD) latest estimates

If you would like copies of our GP resource, or have any queries, please contact: [HSITeam@bhf.org.uk](mailto:HSITeam@bhf.org.uk)

For more statistics and health intelligence visit: [www.bhf.org.uk/statistics](http://www.bhf.org.uk/statistics)

### Blood pressure - numbers for your area



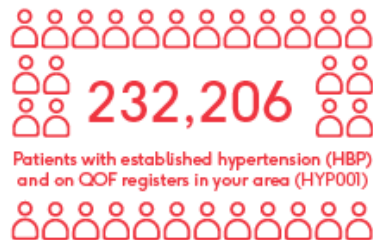
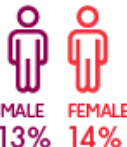
Patients aged 45+ with a blood pressure reading (in the previous 5 years)

Your Area	QOF Code	Patients	PCAs	Done	%	to do
83%	BP002	725,272	7,709	606,846	83%	110,717
England 85%						

### Diagnosed HBP



England 16%  
CVDP001-HYP



### DIAGNOSED HBP BY AGE BAND



HBP prevalence increases with age, and UK health surveys show that actual prevalence is higher in deprived communities - however, in most ICS areas diagnosed prevalence is lowest where there is greatest deprivation, suggesting a significant diagnosis gap here > see comments on p2

HBP Diagnosed Prevalence in Your Most Deprived Communities 13%  
In Your Least Deprived Communities (Quintile) 16%

### Percentage of diagnosed HBP patients with controlled hypertension



Your Area  
54%

England 57%  
code: HYP003



Your Area  
68%

England 72%  
code: HYP007

Indicator	Patients	PCAs	Controlled	%	Uncontrolled	Most	Least
HYP003 <80yrs controlled HBP	180,255	11,895	103,791	54%	64,569	56%	58%
HYP007 >80yrs controlled HBP	39,062	998	27,308	68%	10,760	71%	69%

Please note statistics are latest available but may not reflect the current situation in your area  
PCAs = personalised care adjustments; % = controlled as proportion of patients incl. PCAs  
NB It is good practice to keep PCAs (exemptions) to a minimum

### Coronary Heart Disease (CHD)

Percentage of CHD patients with controlled hypertension (HBP)



under 80s  
140/90 mmHg or less  
(last 12 months)

Your Area  
66%

England 67%  
QOF: CHD008



over 80s  
150/90 mmHg or less  
(last 12 months)

Your Area  
75%

England 77%  
QOF: CHD009

Indicator	Patients	PCAs	Controlled	%	Uncontrolled
CHD008 <80yrs CHD contr HBP	25,514	1177	17,488	66%	6,909
CHD009 >80yrs CHD contr HBP	9,942	218	7,625	75%	2,099

### Stroke & TIA (Transient Ischaemic Attack)

Percentage of stroke/TIA patients with controlled hypertension (HBP)



under 80s  
140/90 mmHg or less  
(last 12 months)

Your Area  
60%

England 63%  
QOF: STIA010



over 80s  
150/90 mmHg or less  
(last 12 months)

Your Area  
73%

England 75%  
QOF: STIA011

Indicator	Patients	PCAs	Controlled	%	Uncontrolled
STIA010 <80yrs Stroke contr HBP	15,912	1,013	10,135	60%	4,764
STIA011 >80yrs Stroke contr HBP	7,150	236	5,368	73%	1,546

### Percentage of diagnosed HBP patients with reading in prev 12mths

79%

England 82%

CVDP004-HYP

Deprivation Most Least  
80% 76% 80%

Adults 18+ with GP-recorded hypertension  
\*BAME = Black, Asian & Minority Ethnicities (includes Mixed & Other)

For further analysis (age, sex, deprivation) please refer to the CVDPrevent website <https://www.cvdprevent.nhs.uk/>

### KEY FACTS ABOUT HIGH BLOOD PRESSURE (HBP), 'THE SILENT KILLER'

HBP rarely has symptoms so detection often relies on opportunistic and unplanned testing, or late presentation by people with complications of HBP

Effectively treating HBP significantly reduces the risk of heart attacks, stroke, heart failure and death

Every 10 mmHg reduction in systolic blood pressure reduces the risk of major cardiovascular events, such as heart attack and stroke, by around 20 per cent

Quality & Outcomes Framework - QOF 2021/22 snapshot data for March 2022 - NHS England (2022)  
Codes beginning CVDP...are CVDPREVENT data for December 2022 - NHS England (2023)  
Last reviewed and updated June 2023 - next update due late 2023



# HIN CVD Dashboard

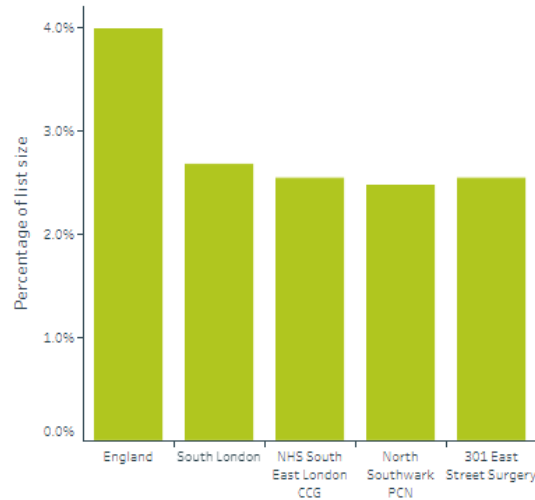
- About
- Atrial Fibrillation
- Hypertension
- Cholesterol
- CKD**



## CHRONIC KIDNEY DISEASE

Practice

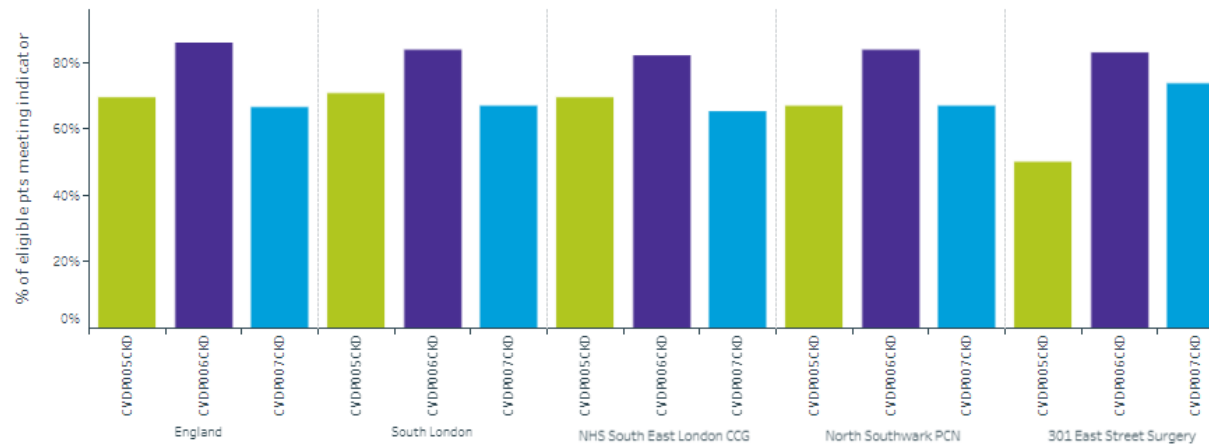
### Reported Prevalence



Source: QOF 2021-22

### CVDPREVENT Indicators

- CVDP005CKD:** Percentage of patients aged 18 and over with GP recorded CKD (G3a to G5), hypertension and proteinuria, currently treated with renin-angiotensin system antagonists
- CVDP006CKD:** Percentage of patients aged 18 and over with GP recorded CKD (G3a to G5), with a record of an eGFR test in the preceding 12 months
- CVDP007CKD:** Percentage of patients aged 18 and over with GP recorded CKD (G3a to G5) with an ACR of less than 70 mg/mmol, in whom the last blood pressure reading (measured in the preceding 12 months) is less than 140/90 mmHg



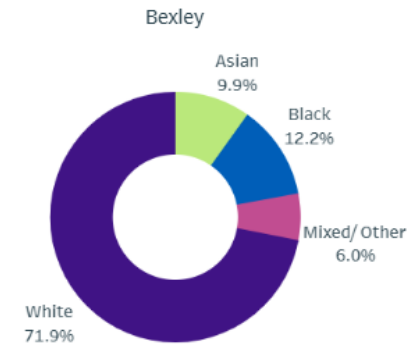
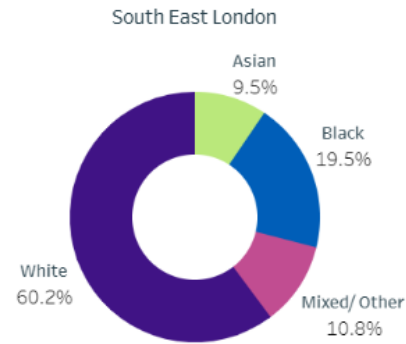
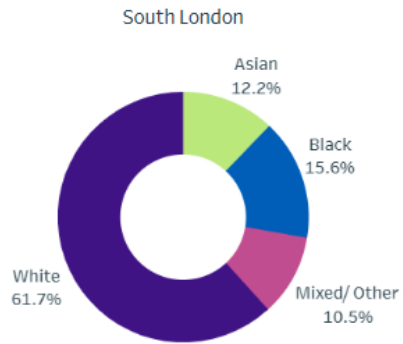
# HIN Protected Characteristics Dashboard

- Population, Age, Gender, & Life Expectancy
- Ethnicity & Religious Beliefs**
- Education, Unemployment & Deprivation
- Marriage & Civil Partnership, Pregnancy & Maternity
- Sexual Orientation & Gender Reassignment
- Disability
- Data sources
- Data Tables (1 of 4)
- Data Tab

## Ethnicity & Religious Beliefs

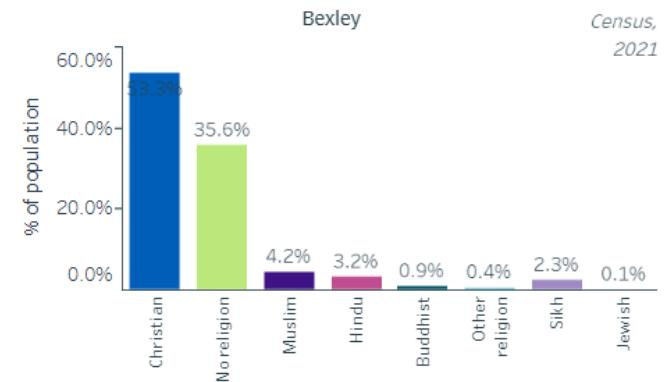
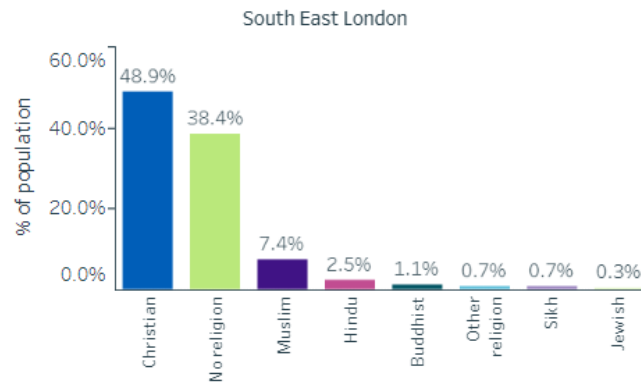
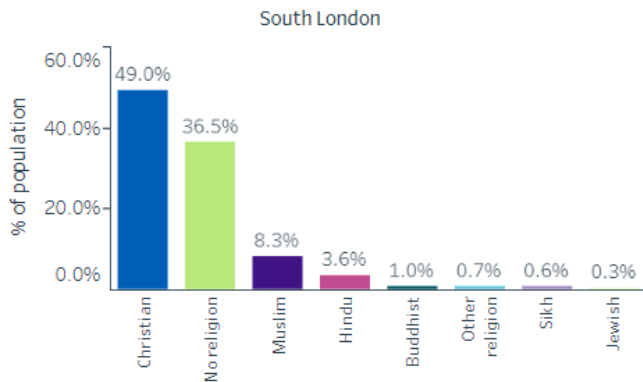
Select a borough:

Ethnicity



Census, 2021

Religious beliefs



Census, 2021

# CVD Prevent

## Quality Improvement Tool BETA

See an overview of the data specific to your STP, CCG, PCN or Practice.

### Filter by condition:

Filter indicator list by condition type

Filter indicator list by condition type

- AF**  
Atrial Fibrillation
- HYP**  
Hypertension
- FH**  
Familial Hypercholes...
- CHOL**  
Cholesterol
- CKD**  
Chronic Kidney Dise...
- CVD**  
Cardiovascular Dise...
- SMOK**  
Smoking
- DM/NDH**  
Diabetes

### Filter by inequalities markers:

Focus view to selected markers

All persons only

### Filter by trend:

Area value trend from latest two periods

### Filter by quintiles:

Area value against system level quintiles

### Search indicators:

Search indicator titles and codes

## CVDP001AF: Prevalence of GP recorded atrial fibrillation in patients aged 18 and over

Proportion %

Sex: **Persons**

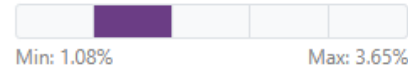
**Persons**

1.45%

◆ Area value

2.58%

● System median



# Quality Improvement Tool BETA

See an overview of the data specific to your STP, CCG, PCN or Practice.

## Filter by condition:

Filter indicator list by condition type

AF Atrial Fibrillation | HYP Hypertension | FH Familial Hypercholes... | **CHOL Cholesterol** | CKD Chronic Kidney Dise... | CVD Cardiovascular Dise... | SMOK Smoking | DM/NDH Diabetes

## Filter by inequalities markers:

Focus view to selected markers

All persons only

## Filter by trend:

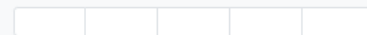
Area value trend from latest two periods

↑ Increase

↓ Decrease

## Filter by quintiles: ?

Area value against system level quintiles



## Search indicators:

Search indicator titles and codes

Search by title or code...

### **CVDP010CHOL: Percentage of patients aged 18 and over with GP recorded CKD (G3a to G5), who are currently treated with lipid lowering therapy. Proportion %**

Explore Data | Data Extract | Metadata

Sex: **Persons**  
Persons

**56.77%** ↑  
◆ Area value ?

**63.53%**  
● System median ?

Min: 12.39% | Max: 96.15%



### **CVDP009CHOL: Percentage of patients aged 18 and over with GP recorded CVD (narrow definition), who are currently treated with lipid lowering therapy. Proportion %**

Explore Data | Data Extract | Metadata

Sex: **Persons**  
Persons

**78.45%** ↑  
◆ Area value ?

**82.94%**  
● System median ?

Min: 1.44% | Max: 100%



## Other data sources

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- Further data sources that can help to set baseline data, and enable you to measure your progress
  - All you have already used plus...
  - UCLP searches
  - Other local dashboards – ie Hypertension Dashboard for SEL
  - Searches available locally ie SWL CKD searches
  - Searches practice / PCN will have already run
  - Feedback from patients
  - Input from colleagues ie about challenges faced

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**Are there other sources of data you use in your work?  
Please put this in the chat or come off mute and share.**



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**Top tip - save copies of all your searches and data at the time you run a search / gather data. This will enable you to go back to track patients / progress through your project lifecycle.**

# 03

## Using data in your projects

45

Faiza Usami

# 04

## What's next?

46

hin

# What's next? 8<sup>th</sup> September in person day

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- In person!!
- If your dietary or access needs have changed please let us know asap.
- If you have any questions about the day let us know.

Event	Date	Time
<b>Introduction to Quality Improvement</b> <u>In Person Event</u>	Friday 8 <sup>th</sup> September	9.30am - 4.00pm

## Can you help?

**We need a few Fellows to run the UCLP searches for their projects' clinical area - to use in the numbers (not patient list) at the QI Day.  
Please let us know if you can help!**

## What's next

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Event	Date	Time
<b>Atrial Fibrillation Webinar</b> <b>Dr Jonathan Behar</b>	Wednesday 20 <sup>th</sup> September	1.00pm - 2.00pm
<b>Lipid Management and Familial Hypercholesterolemia</b> <b>Webinar</b> <b>Prof Tony Wierzbicki</b>	Tuesday 3 <sup>rd</sup> October	12.00pm - 1.00pm

Feedback time!

