

2024 Cardiometabolic Fellowship Programme

The Health Innovation Network (HIN) South London is excited to announce the launch of the [2024 Cardiometabolic Fellowship Programme](#).

Join us to become a champion for cardiovascular disease (CVD) prevention, diabetes and mental health care in your practice and primary care network (PCN). This programme is suitable for all health care professionals working in primary care or community pharmacy regardless of your existing knowledge of CVD, mental health or diabetes. The Fellowship aligns to local priorities and supports practices and primary care networks (PCNs) in meeting their Quality and Outcomes Framework targets, reducing health inequalities, and reducing risk to your patients.

Running from **April 2024** to **November 2024**, the Fellowship will consist of:



7 clinical webinars led by experts covering lipid management, hypertension, atrial fibrillation, heart failure, mental health, chronic kidney disease (CKD), and diabetes.



An **in-person training day** to help develop your quality improvement skills on Friday 26 April 2024. Attendance at this day is a requirement of the Fellowship.



Ongoing peer and expert sessions to support you in delivering your project, which will run May to October 2024.



A **final in person event** to celebrate the work of the Fellowship on Friday 22 November 2024.



CPD-accredited learning

Through the collaborative learning I was able to tease ideas with colleagues, share challenges and solutions and find encouragement that I was not alone in the challenges I was facing and this kept me going.

Fellow, 2023 cohort



[Apply now](#)

Why join?

By joining our Fellowship Programme, you will:



Build your expertise

Gain in-depth clinical knowledge of CVD prevention, mental health and diabetes care. With clinical webinars delivered by experts from south London on topics such as: lipid management, hypertension, atrial fibrillation, diabetes, CKD, and heart failure.



Network and Collaborate

Connect with colleagues from other practices and PCNs to share knowledge, exchange ideas, and collaborate on projects.



Undertake a quality improvement project

Receive support to implement a quality improvement (QI) project. Use evidence-based strategies to identify those at risk of CVD, improve the health outcomes of your patients and performance of your practice or PCN.



Gain CPD Accreditation

This course is accredited to contribute toward your Continuing Professional Development (CPD) requirements.

Requirements

The programme is **open to all clinicians** working in south London practices, PCNs or community pharmacy. This includes practice nurses, doctors, clinical pharmacists, physician associates, paramedics, and health care assistants.

There is no cost, however **participating staff are asked to commit to:**



Attendance at two in person days on Friday 26 April and Friday 22 November 2024.



Attendance at lunchtime online clinical webinars (with exception, these are recorded and may be watched afterwards should you be unable to attend).



Delivering a QI project in your practice or PCN. This will need approximately 4–6 hours a month and can also be used towards other work such as QOF targets.

“I appreciate the support and guidance I have received throughout the fellowship. Being a part of this program has been an enriching experience, and I am grateful for the opportunity to contribute to improving care for the CVD patient population.”

Fellow, 2023 cohort



Apply now

What to expect



Clinical Webinars

Participate in clinical webinars led by clinical experts. Deepen your knowledge on topics such as advanced lipid management, atrial fibrillation (AF), heart failure, CKD and CVD, obesity, behaviour change and the future of CVD care.



Quality Improvement Training

Receive quality improvement training to support your QI project.




Run an improvement project

Receive support from HIN project managers and clinicians and as you plan and deliver a CVD quality improvement project. [View a sample of 2023 projects.](#)

We are particularly looking for projects which address detection and management in one of these areas:

- Lipids
- Atrial fibrillation
- Hypertension
- Chronic Kidney Disease
- Diabetes
- Mental Health



100 per cent of participants agreed that they were more confident in delivering care to patients at risk of CVD following the programme.

2024 Cardiometabolic Fellowship Schedule

Month	Date	Topic
April	17 April 12:30-1:30pm	Online, welcome and launch session.
April*	26 April 9:30am-4:30pm	In person - quality improvement training and project planning session.
May-August	7 clinical webinars, run fortnightly	Webinars on hypertension, diabetes, lipids, AF, CKD, heart failure and mental health.
June-October	3 lunchtime online improvement collaborative sessions	Quality Improvement support sessions with HIN staff and clinicians.
November*	22 November 12:00-4:30pm	In person final learning event.

* participating staff are asked to commit to attending this in person event

Join the 2024 Cardiometabolic Fellowship

Applications for the 2024
Cardiometabolic Fellowship
Programme close at
5pm on Friday 5 April 2024.

*Please note places are limited
and applications deadline may
close sooner if places are filled.*



Apply now



For more information about the programme contact the
Health Innovation Network South London team at hin.cvd@nhs.net.