# South London Care Home Pioneer Programme 2024









### The South London Care Home Pioneer Programme

The South London Care Home Pioneer Programme is open to care home managers, deputies, and senior nurses working in the following care settings in South London: older person's residential homes, older person's nursing homes, learning disability and mental health care settings, and supported living settings.

The programme is delivered by the Health Innovation Network (HIN) South London in partnership with My Home Life England, an organisation focused on improving the quality of life for those living, visiting, and working in care homes and other care settings.

The programme offers support to care home managers to:

- Advance their leadership skills and strategies.
- Design and deliver a quality improvement project.

Past participants have reported that the programme has helped them to increase resilience, reduce burn-out, improve staff morale and improve relationships with external agencies. "The programme has boosted my self-belief. I am so grateful to have been offered the opportunity, and the impact it will have for me and the home. It really made me feel valued."

- South London
Care Home Manager

### What does it involve?

The 2024-2025 programme runs over a ten-month period (June 2024 to March 2025) where Pioneers are guided and supported by skilled coaches and facilitators to advance their leadership skills, learning from each other, and supporting each other to consider new ways to approach some of the complex issues which are part of the job.

The programme begins with four face-to-face workshops, followed by a series of six action learning sets, some delivered virtually and some face-to-face. The celebration day on Wednesday 5<sup>th</sup> March 2025 showcases the achievements of the Pioneers to the funders and other stakeholders.

"The Action Learning Sets have been like therapy sessions for us. We've been able to share our experiences and learn from each other." South London

Care Home Manager

'Action learning' recognises that individuals learn best when they learn with and from each other, by working on real problems and drawing on their own experiences. Three of the six action learning sets will provide additional support for the quality improvement project.

The sessions are confidential to allow a safe space for the Pioneers to share their own experiences. The quality improvement projects will be shared more widely to promote learning across the care home sector.





## How do I apply?

### Application deadline: Wednesday 15th May 2024, 9am

Click <u>here</u> to complete the short application form. Successful applicants will be notified by Friday 17th May 2024.

We are delighted to offer this programme **free of charge** to South London care home leaders, generously supported by South West London Integrated Care Board and The Health Foundation.

Being part of the programme involves:

- Commitment from you and your organisation to attend all workshops and action learning sets throughout the year. Although offered free to your care home, your place costs £3,000 to funders. Attendance of over 75% is required by funders to complete the programme. By submitting an application form, you are confirming you have booked out all relevant dates in your diary.
- Delivery of a quality improvement project including a poster to describe your work.

If you are interested in applying to become a Care Home Pioneer, and would like further information, please contact Sakshi Gupta or Vanessa Zampangi, at <a href="mailto:hin.pioneerprogramme@nhs.net">hin.pioneerprogramme@nhs.net</a>.

Contact us on: hin.pioneerprogramme@nhs.net

Healthinnovationnetwork.com Myhomelife.org.uk "Being part of this programme has made me feel seen, appreciated, accepted, strong, and bold."
- South London
Care Home Manager

"Attending the programme is possibly the best thing I have ever done! It has built my confidence so much.
- South London
Care Home Manager





# **Key Programme Dates**

- Please see the full schedule of dates below.
- All workshops will be delivered in person at a central London location that is walking distance from Waterloo Station.
- Three of the six Action Learning Sets will be delivered in-person, and the remaining three delivered online
- All the workshops and in-person Action Learning Sets will be full day. The virtual Action Learning Sets will only be half the day you will be notified which half you are expected to attend closer to time, so we suggest blocking the whole day for now.

Workshop 1 - in-person (Full day)	Tuesday 18 <sup>th</sup> June 2024
Workshop 2 - in-person (Full day)	Tuesday 25 <sup>th</sup> June 2024
Workshop 3 - in-person (Full day)	Tuesday 9 <sup>th</sup> July 2024
Workshop 4 - in-person (Full day)	Tuesday 16 <sup>th</sup> July 2024
Action Learning Session 1 - Online (Morning or Afternoon TBC)	Tuesday 30 <sup>th</sup> July 2024
Action Learning Session 2 - in-person (Full day)	Tuesday 3 <sup>rd</sup> Sept 2024
Action Learning Session 3 - Online (Morning or Afternoon TBC)	Tuesday 1 <sup>st</sup> Oct 2024
Action Learning Session 4 - Online (Morning or Afternoon TBC)	Thursday 31st Oct 2024
Action Learning Session 5 - in-person (Full day)	Tuesday 26 <sup>th</sup> Nov 2024
Action Learning Session 6 - in-person (Full day)	Tuesday 21 <sup>st</sup> Jan 2025
Celebration Day - in-person (Full day)	Wednesday 5 <sup>th</sup> March 2025



