



Jadwalka Hagaajinta DHalamada ka hor



British Association of
Perinatal Medicine

Tan waa xirmo daryeel oo siineyso ilmaha dhiciska fursada ugu fiican ee dhalashada oo illaaliso maskaxdooda. Ilmo walba waa gaar iyo gelitaanka ilmo walba caalamkaan wuu kala duwanyayah.

Sheeyada qaar ee ku jiro liiskaan waxaa laga yaabaa inaysan suurtogal noqon.

Fadlan la hadal umulisadaada ama dhaqaatiirtaada si aad midaa u sahmisid.

Goobta Dhalashada

Place of Birth

(ilmaha dhashaa xili hore ama yar ayaa mararka qaar u baahan inay ku dhashaan qeybta taqasus ah. Kala hadal dhaqtarkaaga si aad u ogaatid haddii tan ay kuu tahay xaalada)



Waxaan joogaa isbitaalka ugu fiican haddii ay dhacdo in ilmaheyga (carruurteyda) ay u baahdaan inay xili hore dhashaan.

Waxaan la socdaa in laga yaabo in la ii wareejyo isbitaal kale iyo haddii aysan tan suurtogal aheyn markaa ilmaheyga (carruurteyda) ayaan u baahan karo in loo wareejyo isbitaal kale kladib markii ay dhashaan.

Suurtogal Ma ahan Howl socota Dhameystiran



Not Possible

In Progress

Complete

Daawada Dhalamada ka hor

Antenatal Steroids
(oo dhammaan ilmaha dhashaa ka hor 34 isbuuc)



Waxaa la isiiyay koorso buuxdo oo daawada si ay uga caawiso ilmaheyga (carruurteyda) inay dhashaan xili hore.

Suurtogal Ma ahan Howl socota Dhameystiran



Not Possible

In Progress

Complete

Antenatal Magnesium Sulphate

Antenatal Magnesium Sulphate
(oo dhammaan ilmaha dhashaa ka hor 30 isbuuc)



Waxaa la isiiyay Magnesium Sulphate si ay uga illaaliso maskaxda ilmaheyga (carruurteyda).

Suurtogal Ma ahan Howl socota Dhameystiran



Not Possible

In Progress

Complete

Caanaha Naasaha Hore

Early Breast Milk
(oo dhammaan ilmaha dhashaa ka hor 34 isbuuc)



Waxaa la i siiyay warbixin ku saabsan faa'idooyinka caanaha naaska xiliga hore oo waxaa la i tusay sida loogu sameeyo caanahaan ilmaheyga (carruurteyda) ka hor ama inta lagu jiro saacada dhalashada.

Suurtogal Ma ahan Howl socota Dhameystiran



Not Possible

In Progress

Complete



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Qalajiyayaasha

Antibiotics

(oo dhammaan ilmaha dhasho
ka hor 34 isbuuc meesha
hooyada ay joogtay ee foosha)



Waxaa la isiiyay qalajiyayaal lagu
yareynayo fursada ilmaheyga
(carruurteyda) ku dhacayo caabuqa
loo yaqaan Group B Strep.

Suurtogal Ma ahan Howl socota Dhameystiran



Not Possible



In Progress



Complete

Maareynta Xariga Xudunta

Optimal Cord Management
(oo ilmahoo dhan)



Kadib markii ilmaheyga (carruurteyda) ay
dhashaan, kooxda waxay sugayaan ugu
yaraan daqiqad ka hor intaysan dhuujin
xariga, si ay ugu ogolaadaan ilmaheyga
inuu si badqab ah u dhasho oo uga helo
dhiig dheeraad ah mandheerta.

Suurtogal Ma ahan Dhameystiran



Not Possible



Complete

Daryeelka Heerkulka

Thermal Care

(oo dhammaan ilmaha
dhashaa ka hor 34
isbuuc)



Kadib markuu ilmaheyga
(canugeyga) dhasho, kooxda
waxay isku dayeysaa inay ku
hayaan heerkulkooda mid caadi ah
oo waxay nagu caawiyo ku
qabashada ilmaha maqaar ku
maqaar sida ugu dhaqsiha badan
ee badqabka ah.

Suurtogal Ma ahan Dhameystiran



Not Possible



Complete

Maareynta Neefsashada

Respiratory Management

(oo ilmaha dhasho
ka hor 34 isbuuc oo
laga yaabo inay u
baahdaan)



Haddii ilmaheyga (carruurteyda)
ugu baahdo caawin tuubada
neefsashada, kooxda dhalaanka
waxay illaalinyayaan sambabooda
iyagoo isticmaalayo habeynta
neefsiga gaarka ah.

Ma quseyo Suurtogal Ma ahan Dhameystiran



Not Possible



In Progress



Complete

Kafeega

Caffeine

(wixii ilmaha dhasho 30
isbuuc ka hor iyo ilmaha qaar
ay dhashaan wax ka yar 34
isbuuc ama miisaankooda ah
wax ka yar 1500g)



Ilmaheyga (carruurteyda) waxaa la
siiyay kafeega si looga illaaliyo
maskaxdooda oo ay uga caawiso
neefsigooda.

Suurtogal Ma ahan Dhameystiran



Not Possible



Complete

**It way adkaan kartaa in la ogaado in waxyabaha ay kala duwanaan karaan.
Fadlan la hadal umulisadaada ama dhaqaatiirtaada haddii aad la dhibaatooneysid midaan.
Kalogaa ma tihid.**

