

2024 Cardiometabolic Fellowship Improvement Collaborative session 1

Welcome! Please introduce yourself in the chat

11th June 2024

12.30 – 1.30pm

 @HINSouthLondon  healthinnovationnetwork.com

Welcome!

- Please change your name by clicking the three small buttons on top right of your video or clicking the three dots near your name

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If everyone could put in the chat their name, practice and “the best thing that’s happened in the last week is ...”

Housekeeping

Welcome!

- Please change your name by clicking the three small buttons on top right of your video or clicking the three dots near your name
- It would be great if everyone could have their cameras and microphones working for the small groups

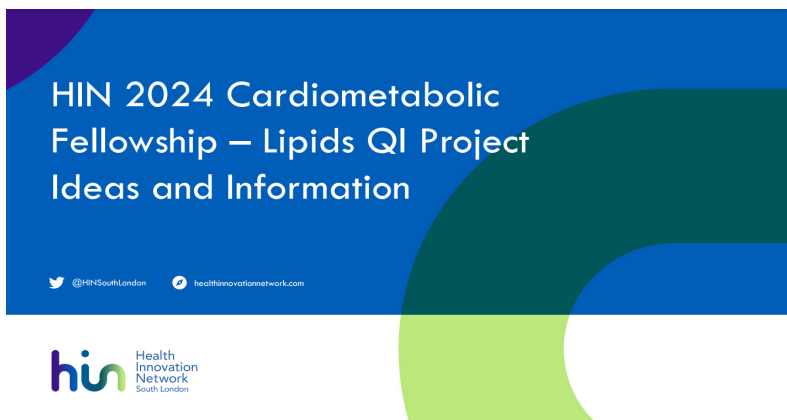
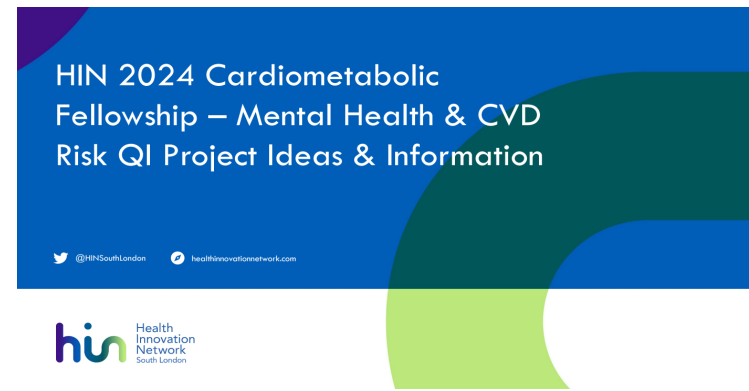


Introductions

- Dr Neel Basudev
- Pedro Bandiera
- Rachel Howatson
- Iona Dewet
- Nathan Beencke
- Rod Watson
- Kristina Leonnet
- Stephanie Atta
- Sally Irwin
- Laura Walton

Project packs

- These include examples of SMART aims
- A variety of sample projects
- A list of resources
- Uploaded to the resource website



Cardiometabolic Fellowship Project Form

Your name	PCN
Practice	Borough

Clinical area
AF, hypertension, lipids, CKD, Diabetes, Mental Health
Problem statement
What are you trying to address

Target group
Who is your specific population for this project (e.g. from UCLP searches)
Baseline data
What will you be using to measure your project / what your starting data is

SMART aim
Specific, measurable, achievable, realistic, timely

Preparation

Project Form

- Work through this at the recommended pace
- Bring any questions you have or issues to these improvement collaborative sessions
- Formatting can be tricky

Upcoming Improvement Collaborative Sessions

Topic	Date
Improvement Collaborative Session One Searches, setting up project and tracking project	Tuesday 11th June 12.30 - 1.30pm
Improvement Collaborative Session Two <ul style="list-style-type: none">- Stakeholder Mapping- Project plan	Tuesday 16th July 12.30 - 1.30pm
Improvement collaborative Session Three Drop-in session <ul style="list-style-type: none">- Progress of the project- Measuring and tracking	Wednesday 14th August 12.30 - 1.30pm
Improvement collaborative Session Four <ul style="list-style-type: none">- Learnings- Summary of results- Sustaining the change	Tuesday 24th September 12.30 - 1.30pm
Improvement collaborative Session Five Drop-in session: project form help	Wednesday 9th October 12.30 - 1.30pm

Next Improvement Collaborative Sessions

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Improvement Collaborative Session One Searches, setting up project and tracking project	Tuesday 11th June 12.30 - 1.30pm
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Upcoming Clinical Webinars

Webinars	Date	Time
Chronic Kidney Disease and CVD Dr Catriona Shaw	Tuesday 18th June	1.00pm - 2.00pm
Mental Health Webinar TBC	w/c 1 st July	12.30pm - 1.30pm
Type 2 Diabetes Webinar Dr Neel Basudev & Dr Sophie Harris	Thursday 25 th July	12.30pm - 1.30pm
Heart Failure / Ischaemic Heart Disease Dr Kalpa Silva & Dr Susan Piper	w/c 5 th August	12.30pm - 1.30pm
Behaviour Change Dr Nupur Yogarajah	w/c 16 th September	12.30pm - 1.30pm
Hypertension TBC	TBC	TBC

Breakout rooms

- At the bottom of the window should be an option for breakout rooms
 - AF, lipids (inc FH), CKD
 - HTN, MH and Diabetes
- Shortly if everyone could join the breakout room assigned to you on the following page
- Plan for today is
 - Introductions
 - Discuss what you've completed so far, any problems your facing, difficulties, successes, quick wins
 - Finish up at 1.30pm



Please join the breakout room your listed in below

Hypertension Breakout Group (Stephanie) :

- Amit Luthra
- Chinyere Ezewuzie
- Minato Hata
- Lauryn Murdoch
- Emma French
- Nizar Mawani
- Akalya Ravindrarajah
- Jane Dolega-Ossowski
- Sarah Bligh-Stewart
- Nirat Patel
- Rameeza babar
- Sumeet Banker
- Tuba Abdul
- Sylvie Keumajou
- Ioanna Kokkosi
- Barbara Segurado
- Sarah Bligh-Stewart

Mental Health Breakout Group (Laura) :

- Sughraa Zaveri Sanaullah
- Olufisayo Sotire
- Calista Tayo-Arikawe
- Dr. Surinder Nehru

Lipids Breakout Group (Rod):

- Sinthuja Visahan
- Christiana Osmond
- Shabaz Akhtar
- Iris Rogers
- Monica Sibal
- Wasim Miyanji
- Seye Sodipe
- Raghu Lall
- Olanike olalere
- Meera Patel
- Enoke Pamnani
- Aneal Aujla
- Dhulakshi Sachithananthan

AF Breakout Group (Sally):

- Blagomira Stoyanova
- Nicky Adeyemi
- Shital Joshi
- Hayley Liu
- Amanda Versey-Featherston
- Dr Chamila Wijesinghe
- Jaouad (Joe) Slimani

CKD Breakout room (Nathan) :

- Rebecca Thompson
- Chao Jiang
- Leanna Sewdatnarine
- Luqman Dawud
- Mei Chien Seit
- Latha SrinivasaRaghavan
- Valbona Gjura
- Kate Tebbs
- Haleemah Chowdhury
- Chinenye Helen Unegbe
- Sudeep Kalsi
- Tinuola Adepitan
- Martin Ho Yin Wong
- Chaandni Kay Devgon
- Elham Isa
- Dr Idress Said

Diabetes Breakout group 1 (Iona):

- James Thambyrajah
- Hala Danoon
- Faiza Usama
- Akshala Sureshkumar
- Sameen Ahmed
- Tiina Lapinlampi
- Hariz Mohammed
- Laura Ilchyshyn
- Yomi Balogun
- Katherine Paterson

Diabetes Breakout group 2 (Claire):

- Keira Chapman
- Ta Cooper
- Kapil Sadawana
- Ravi Patel
- Ritima Pradhan
- Onyioza Eneyiye Ozigi
- Thaarani Srisenthivel
- Risikat Oluwaseun Lawal