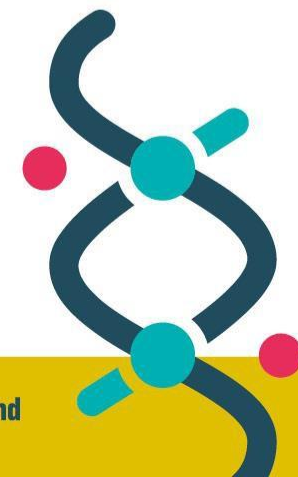




Northern Ireland Context



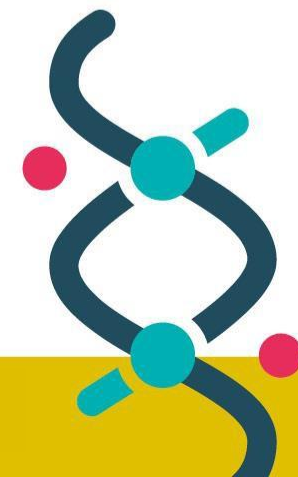


In 2021 Census data:

Mental health in NI condition affects:

- 0-15 yrs. 1.4%
- 16-39 yrs. 10%
- 40-64 yrs 13%
- >64 yrs. 7%

Ref: [Northern Ireland Fundamental Facts October 2023.pdf \(mentalhealth.org.uk\)](#)





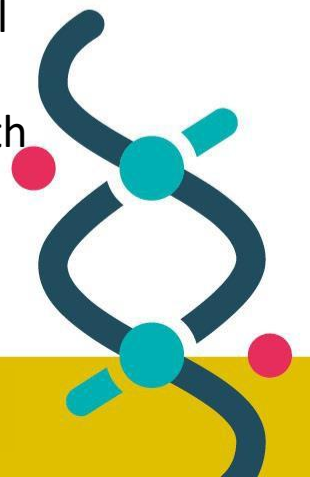
Factors influencing mental health in NI:

- Perinatal and infant mental health: 1 in 4 parents with mental health
- Early Life adversity: 50% 11 to 19 Yrs. >1 Adverse Childhood Event
- > 45% 16 yr. olds have probable mental illness
- 1 in 4 on anti-depressants

Large inequality spread

- 1 in 4, 45 to 64 yrs have significant carers responsibilities (sick, disabled, elderly) with 11% mental health
- a third (33%) of the LGBTQIA+ community in Northern Ireland has experienced poor mental health

Ref: [Northern Ireland Fundamental Facts October 2023.pdf \(mentalhealth.org.uk\)](#)





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