

2025 Mindset-XR Innovation In Mental Health Roadshow

North of England

17 September 2025

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To request these
slides, please email
hin.mindset@nhs.net

**Research &
Innovation**
at GMMH



Greater Manchester
Mental Health
NHS Foundation Trust



John Sainsbury

Implementing gameChange VR therapy

in Community Mental Health & Early
Intervention in Psychosis settings

John Sainsbury,
Innovation Manager

gameChange
Improving lives through VR therapy



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